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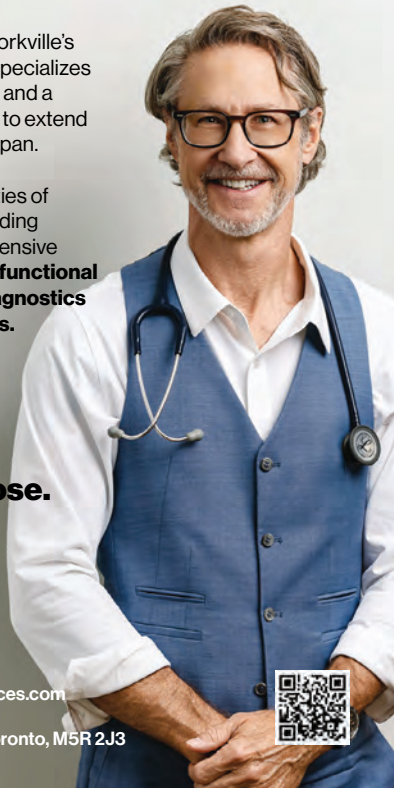
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## CITY



Blue Rodeo

## Everything has changed and that's OK

It has been one weird winter so far. I'm guessing there are few people who looked into the proverbial crystal ball on New Year's Eve and foretold a reality TV star and certified huckster south of the border threatening to annex our entire country. But here we are.

Although some will laugh, some will scream and some will bury their heads in the sand, this very real threat has allowed our city and our country to reflect on who we are, how we got here and, most importantly, where we are going.

Personally, it seems like a great opportunity to discover new Canadian products, destinations and culture, to take stock of how little we consume that is actually made here. What a great opportunity to inspire a new generation of creators and entrepreneurs, a great

opportunity to shine a light on what we do and what sets us apart.

For instance, our incredible artists who are making fantastic movies, books, music, theatre and TV shows. It's different. I highly recommend the new CBC documentary celebrating 40 years of iconic Toronto band Blue Rodeo.

This year more than most, we understand we are winter people. Why jet on an American airline south to spend big bucks in Florida, when we can lean into our wintry roots by visiting the Canadian Rockies or closer to home in Muskoka where winter is glorious?

Celebrating our country doesn't have to be a political act, but 2025 has changed everything. And maybe in the long run that's a good thing.

—Ron Johnson

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L-R: Kathleen Munroe, scene from 'Law &amp; Order Toronto'

## Candid chat with star of Law & Order: Toronto

Kathleen Munroe on a new season, line dancing and her greatest fear

Toronto actor Kathleen Munroe heads up the cast as *Law & Order Toronto* kicks off its second season on Citytv showing off the city she calls home and its stories.

### Tell us about the show heading into the new season?

In season two, we kind of level everything up. Everything feels a little bit bigger, a little more complex, some more action, some more suspense. I think knowing what the show is, knowing our dynamics, and then being able to come back with all of that under our belt just allows us to push everything further.

### What is it like to showcase the city as Toronto instead of a stand-in for an American city?

It's just special to not have to mask anything, not have to hide anything, and it's just exciting to shoot in some of the really iconic places like Chinatown, the Rogers Centre and the Humber River.

### I also loved the ultimate T.O. cameo with Kevin Drew in episode one.

It's great, I think especially for this episode, because he's got quite a profile here and to shine a little bit brighter of a light on the stuff was great. He's beloved, so to put him in this scenario (in a homeless encampment) hopefully will just inspire some thinking about what.

### Did you uncover moving insights and discover new places in the city while shooting?

I think one of the best things about the city is its neighbourhoods and the distinctive character of some of them. There are really so many different pockets to this place. I'm definitely

guilty of sticking to my little zone. And so being able to venture out and be like, "Wow, what are these places? What are these places in Chinatown that I haven't explored? What are these places in Etobicoke that I haven't explored?" It feels exciting, and I'm definitely going to keep going back to explore.

### OK, now you have to tell us about the queer line dancing series you've started up in the city.

I started line dancing in L.A. a couple years ago. It really started as a labour of love because the way that I felt in that community down in L.A., when I was there, was just so special. I didn't want to come back and not have anywhere to go and line dance with a bunch of queer people and their friends. It's a very welcoming and open environment. So I encourage everyone to come check it out.

### What do you recommend to visitors in the city?

The first place is probably Imanishi Restaurant.

### Where is your favourite Toronto view?

There's a walkway in the northwest corner of High Park that looks out over the lake, and I just love that view.

### What is your greatest fear?

How deep do I go here? I'm gonna do a slight cop out and say, snakes.

### What is your idea of perfect happiness?

Okay, a dark lake in Ontario, the Canadian Shield, green trees.

### Which talent would you most like to have?

Oh sports, any kind of athleticism.

—Ron Johnson



## CITY HACKS

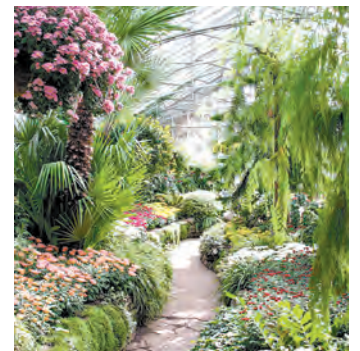
Here's where savvy locals go for a lush green escape during this frigid winter.

Winter in Toronto can feel endless, but these indoor gardens offer a warm escape.

**Allan Gardens Conservatory**, open for over a century, features six display houses, including the lush Tropical House and the desert-like Arid House. It's a free, year-round escape into exotic plants.

**The Bamboo Garden** at the University of Toronto's Terrence Donnelly Centre feels like a hidden oasis. Surrounded by bamboo, palms and tropical plants, it's a peaceful spot to relax, especially with a secluded patio to unwind.

**The Centennial Park Conservatory** offers over 12,000 square feet of tropical plants and blooming flowers, from palms and orchids to unique succulents and cacti. It's a perfect spot to escape the cold.



Allan Gardens Conservatory



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**SPOTTED: YORKVILLE, FEB. 18** Martha Stewart, a big fan of Toronto restaurants, dined at Yorkville dim sum institution Pearl Yorkville on a recent visit.

## ROBOT HEADS

This month, two famous Joels are arriving in T.O. Billy Joel is set to entertain at the Rogers Centre. And Philadelphia 76er Joel Embiid is set to get some serious boos when he suits up to play the Raptors. Here's the tale of the tape:



Billy Joel	<b>NAME</b>	Joel Embiid
The Bronx, New York	<b>BORN</b>	Yaoundé, Cameroon
Musician	<b>GIG</b>	Basketball Player
Piano Man	<b>NICKNAME</b>	The Process
A year after his first album, caught the attention of Columbia Records after a live performance in Philadelphia	<b>BIG BREAK</b>	After his first college season, caught the attention of the Philadelphia 76ers and was drafted third overall
One of the top-selling musicians of all time, with more than 136 million records sold and five Grammy Awards	<b>AWARDS</b>	Two-time NBA scoring champion and 2023 Most Valuable Player
March 29 at Rogers Centre	<b>NEXT BIG THING</b>	March 12 at Scotiabank Arena vs. Toronto Raptors



### Four dog-friendly breweries to take your pooch for a pint this winter

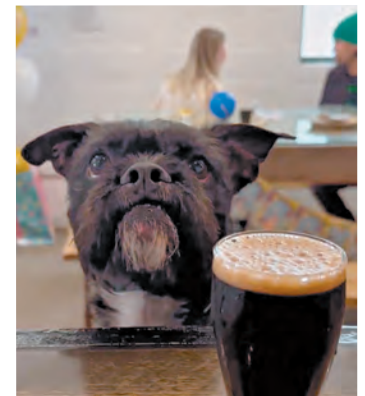
Toronto dog owners looking for pet-friendly spots in the frigid winter can now enjoy breweries with their furry companions.

**Black Lab Brewery:** A pioneer in dog-friendly taprooms, offering Bark Brew dog beer alongside craft brews.

**Left Field Brewery:** A pup-friendly brewery where well-behaved, leashed dogs are always welcome. Their head of security, Wrigley, keeps things in check.

**Henderson Brewing:** Known for its dog-centric events like Dogtoberfest, this west end spot frequently hosts Toronto's four-legged friends.

**Bellwoods Brewery:** Unlike the Ossington location, the spacious Hafis Road taproom is accessible for dog owners and their pets.



Black Lab Brewing

## The Right Full-Time Caregiver Makes all the Difference

There are serious issues to think about when considering a full time caregiver. Whether it's for full days, live-in, overnight or 24 hour care, finding great caregivers who fit your loved one's and family's needs makes all the difference.

Changing caregivers often is stressful, disruptive and very time consuming. Finding someone, or a team who fit well, get along with the family, are caring, considerate and diligent, provides so much peace of mind and quality of life for everyone involved.

There are several types of full-time care to consider:

**1. PSW Sleep Shift (24 hour):** a PSW who handles household needs as well as personal care, mobility and/or cognitive issues. This solution works for clients who do not need support overnight, but staff are there for emergencies.

**2. PSW Wake Up Shift (24 hour):** a PSW prepared to be woken up once per night, at a predictable time. They otherwise get

7-8 hours sleep/night. As they need to get up most nights, they shouldn't work more than 3-4 days in a row to prevent burnout or mistakes. This solution works for clients who get up at night with mobility, but not serious cognitive issues.

**3. PSW Awake Shift (24 hour):** care is divided into 2 x 12 hour shifts. The overnight person stays awake all-night and close by. The daytime person manages daytime needs. This solution is for the client with cognitive issues, serious mobility issues, or both putting them at risk day and night. The client may wander, get up several times a night, or have medical devices that need monitoring. This care is recommended for anyone who is a fall or wander risk and therefore needs someone close by at all times

**4. Overnight Awake Shift (10-12 hour):** these shifts work for clients who need support overnight but are cared for during the day by family at home or a health-care facility's staff.

**5. Daytime full-time shifts: (8-12 hour):** these shifts work for clients who can either meet their own needs at night or who live with family. They benefit from daytime care by getting support for ADLs and/or to help being productive and safe during the day.

All caregivers must be insured and bonded, trained and experienced. They need to be managed and known well by a firm who knows what aging seniors and their families need, and importantly, how needs change over time.

Full-time care is a serious commitment and lifestyle change. Caregivers become part of the extended family as they are present everyday. In situations where 7 day a week care is needed, a team of 2-4 staff are required. These teams need to be skilled, consistent and communicate well with the firm, each other and the family.

Recognizing how involved care staff can be with so many issues and family dynamics, firms who specialize in providing full time care do things differently. They

need staff who know how to fade into the background when not needed, but step forward at the right times. Issues (and they always come up) must be handled professionally and discreetly. When feedback is needed, the firm needs to deliver it in a manner that affects change but also keeps the staff motivated.

As client needs change (and they do) staff must be capable of rising to the new needs or the firm must be able to seamlessly introduce new staff better suited to the changes.

If your hope is to age at home as long as possible, you want to work with a firm that appreciates and responsibly oversees the complexity of managing a home, ensures safety, and maximizes your loved one's quality of life.

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# NEWS

SECTION

## HERE COME THE SUPERTALLS

Toronto is building more supertall condominium and office towers than any other city in North America. The buildings will transform the city skyline and provide thousands of residential units and new office spaces.



105  
storeys  
345  
metres



61  
storeys  
303  
metres



85  
storeys  
308  
metres



82  
storeys  
308  
metres



85  
storeys  
300  
metres

### SKYTOWER

Rising from the foot of Canada's longest street at One Yonge, SkyTower is designed by Hariri Pontarini Architects.

The striking 105-storey, mixed-use tower will bring a blend of residences, retail, commercial offices, community spaces and even a Le Meridien hotel by Marriott International. When complete, SkyTower will make history as the first building in Canada to break the 100-storey barrier.

1 Yonge St.

### UNION PARK

Soaring above Toronto's entertainment district, Union Park is set to become a landmark along Front Street West near John Street. As the tallest of a four-tower complex by Oxford Properties, this impressive 61-storey skyscraper — designed by Pelli Clarke Pelli Architects — is poised to be one of the city's tallest office towers. The project will also include retail and residential components.

325 Front St. W.

### THE ONE

Although the development of The One tower has been controversial and included a bankruptcy, construction has passed the 70-storey mark. Rising at the iconic intersection of Yonge and Bloor, The One is reshaping Toronto's skyline from the northern edge of downtown. This 85-storey architectural marvel will feature luxury residences, an Andaz hotel and high-end retail.

1 Bloor St. W.

### FORMA

This Frank Gehry-designed get will stand tall at King and Duncan in Toronto's entertainment district. Forma West is one half of a massive two-tower project by Great Gulf, Dream Unlimited and Westdale Properties. Construction on the shorter East Tower, rising 73 storeys, kicked off in fall 2023. Both towers will feature a mix of residential, commercial and institutional spaces.

266 King St. W.

### CONCORD SKY

Soaring from the southeast corner of Yonge and Gerrard, Concord Sky is set to become one of Toronto's tallest residential towers. Designed by KPF and architects—Alliance, the 85-storey mixed-use tower offers a sleek, tapered profile and sail-like silhouette that will make a striking addition to the city skyline and redefine the downtown Yonge neighbourhood.

383 Yonge St.



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**NEWS**



**Dianne Saxe**

## City councillor objects to Ossington proposal

The plan for a four-storey apartment building proposed for 877 Ossington Ave. is facing pushback from local residents and city councillor Dianne Saxe over its design, despite aligning with the city's housing push.

The development, which would replace a single-storey bungalow with 10 residential units, is located just 330 metres from the Ossington subway station. Each level, including the basement, would house two apartments, with balconies featured on the front and rear elevations.

The project is part of a broader effort to add housing in areas with strong transit access; however, it requires multiple variances under the city's zoning bylaws, sparking concerns from both city staff and local officials.

Ward 11 councillor Dianne Saxe has expressed reservations about the project, urging the applicant to revise the design before approval, given that the design shows the building extended to the limits of the slender building lot.

"Community [City of Toronto] Planning staff advise that the proposed building occupies too much of the lot, leaving too little space between

buildings or for soft landscaping. I agree," Saxe stated in a letter to the Committee of Adjustment. She has called on the developer to collaborate with city planning staff and area residents to improve setbacks and ensure the building better fits within the neighborhood.

Although the proposal aligns with citywide initiatives, such as the Expanding Housing Options in Neighbourhoods (EHON) and the Housing Action Plan (HAP), the requested variances, including reduced setbacks, have raised concerns about the impact on neighboring properties.

The proposed changes to the city's zoning bylaws, which remain under appeal, could reduce the number of required variances from 13 to three, but planners still see issues with site coverage.

A virtual public hearing was scheduled for Feb. 19.

As the application moves forward, further discussions between the developer, city officials and the local community will be key in determining whether modifications will be made to address concerns.

—Ron Johnson



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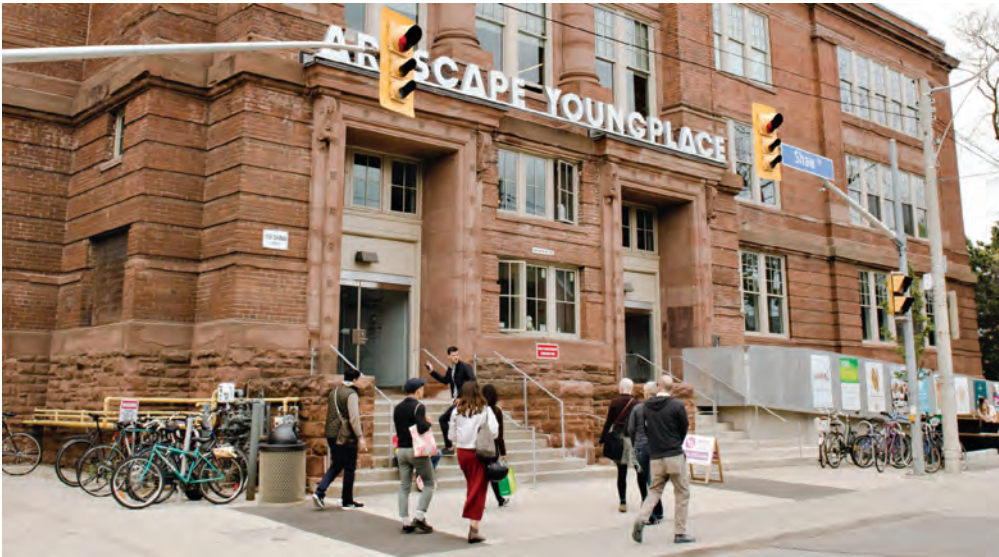
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Youngplace on Shaw Street

## Huge win as west end arts and community centre is saved

Toronto's arts community received a major boost as the City of Toronto, in partnership with the Government of Canada, has announced a multimillion-dollar investment to protect key cultural workspaces at Youngplace, a creative hub at 180 Shaw St. The funding ensures that former Artscape tenants can remain in their spaces, preserving an essential part of the city's cultural fabric.

The initiative, unveiled by Mayor Olivia Chow and Deputy Mayor Ausma Malik, safeguards spaces for several arts organizations, including the Centre for Indigenous Theatre, Intergalactic Arts Collective, Koffler Arts, Small World Music and Paperhouse Studio, along with the Toronto Potters Guild.

"By transitioning from tenancy to ownership, we can more effectively fulfill our mission of creating opportunities for underrepresented artists and fostering a more inclusive community," said Umair Jaffar, executive director of Small World Music. "When artists have reliable, accessible spaces to perform, create and connect with audiences, it strengthens our city's cultural fabric and paves the way for long-term career sustainability. The City's

investment isn't just about units in a building — it's an investment in the future of our diverse artistic community."

The City of Toronto contributed nearly \$1.5 million, and the federal government's Canada Cultural Spaces Fund added more than \$2.6 million, allowing these organizations to purchase their workspaces.

"This is a huge win for Toronto's arts and culture community," said Mayor Chow. "By

**"It's an investment in the future of our diverse artistic community."**

stepping in and providing critical support, we are ensuring that these creative spaces continue to inspire artists and enrich our city for generations to come."

The collapse of Toronto Artscape Inc. in early 2024 had placed 390 workspaces and tenancies at risk, sending shock waves through the arts community. The city acted swiftly, securing 91 per cent of these spaces early in the receivership process. With today's announcement, the remaining properties have now been pro-

tected, marking the completion of a crucial rescue effort.

Beyond the arts, the investment at Youngplace also preserves much-needed child care services. The College-Montrose Children's Place, an EarlyON child care centre, received city funding to remain in operation, reinforcing Toronto's commitment to accessible early childhood education. Additionally, the city invested nearly \$600,000 to acquire two affordable homes at 210 Simcoe St., ensuring long-term housing security.

The city's efforts to safeguard cultural spaces extend beyond Youngplace. In response to Artscape's insolvency, Toronto helped establish ArtHubs, a new non-profit that now manages several community arts spaces, including Daniels Spectrum, Gibraltar Point and Wychwood Barns. The initiative aligns with Culture Connects: Toronto's New Action Plan for Culture, a strategy aimed at strengthening the city's creative sector and supporting artistic spaces.

For Toronto's arts organizations, this initiative is a lifeline. And one that will have benefits for the entire city.

—Ron Johnson

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# Huge retail move changes Yorkville gravity



Rendering of the new flagship

Men's retailer Harry Rosen will be undergoing a \$50 million, five-year project to update its retail stores, including a relocation of its Toronto flagship to a 38,000-square-foot space at 153 Cumberland St.

The new flagship location is less than 200 metres from the brand's current store on Bloor Street, and will span three storeys. The plan currently includes a massive patio overlooking the Village of Yorkville Park, a client lounge and espresso bar and valet parking on weekends. The new location is set to open in spring 2026.

The new location is currently home to four retailers — Moscot Eyewear, luxury fashion store Nicolas, Aveda and lululemon, which will also be making a move to a massive new space at Yonge Street and Bloor Street.

The announcement is a major shift for the retailer, which has operated out of its Bloor Street

location for most of the brand's 70-year run.

Founder Harry Rosen passed away in December, and his son, grandsons and the rest of the team have since taken over operations.

**“Harry Rosen has developed such a deep connection to the Yorkville neighbourhood.”**

“Since my father opened the Bloor Street doors in 1970 and our current flagship in 1987, Harry Rosen has developed such a deep connection to the Yorkville neighbourhood,” said Larry Rosen, chairman and CEO of Harry Rosen Inc.

Also part of the announcement is a complete transformation of the brand's retail fleet. That includes a renovation of its

West Edmonton Mall location and a new 16,000-square-foot location in Vancouver's Oakridge Park development. The statement notes that each store will host an “engaging and immersive environment, with concepts inspired by the art of tailoring and facilitating relationships between customers and their trusted advisors.”

The luxury brand has recently become a favourite of celebrity chef and TV star Matty Matheson, who sported a Harry Rosen suit that made a few best-dressed lists at the Golden Globes this year.

“We are thrilled to be partnering with Harry Rosen, an iconic Canadian brand, to help them realize an ambitious vision for their new flagship store in Yorkville,” said Rob Kumer, CEO of King-Sett Capital, partnering with Harry Rosen on the new store.

—Julia Mastroianni

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Map showing Avenue and Lawrence development site

## Massive development for Pusateri's site takes crucial step forward

One of the final pieces of a massive development proposed for the northeast corner of Avenue Road and Lawrence Avenue is in place with the sale of the building currently home to longtime North Toronto business Royal Lighting.

The business, which dates back 40 years, will remain open for a number of years while the development application proceeds through the hallowed halls of City of Toronto Planning.

Although owner Michael Gladstone said he wants to find another location in the area, Avenue Road might be problematic in the coming years with the amount of development upcoming.

"Avenue Road will be impossible because, basically, if it's big enough for us, it's big enough for a developer," he said.

The site, which includes Pusateri's (a local staple since 1986), now spans additional parcels at 272 Lawrence Ave. W. and 1549 Avenue Rd. The expansion increases the project's size, covering 272–290 Lawrence Ave. W. and 1507–1549 Avenue Rd.

Originally planned as a 10- and a 13-storey building in June 2020, the design has evolved. The new proposal now includes two mixed-use buildings: one 12

storeys and one 14 storeys. The expansion has increased the gross floor area (GFA) from 41,972 square metres to 61,581 square metres, with 4,439 square metres dedicated to retail. The number of residential units has also grown from 455 to 665.

"It's going to change Avenue Road, and it looks like it's going to be a gorgeous development," said Gladstone. "Right now, First Capital [the developer] owns from Lawrence right up to

**"If it's big enough for us, it's big enough for a developer."**

and including us. And I think they own one or two buildings along Lawrence. So it will be quite a large development."

The current plan includes buildings that are taller than the original designs: one reaches 45.5 metres, and the other 52.35 metres. To improve public space, a new public road and park have been added.

The northern building will have more setbacks and step backs to reduce its shadow on the nearby park, and the 14-storey south building has shifted from an L-shape to a U-shape

for better sunlight.

The development will feature a new public road running from Lawrence Avenue to Douglas Avenue, improving connectivity. The public park at the site's north end has been expanded from 982 square metres to 1,088 square metres.

The proposal includes a food store to be located at the corner of Avenue and Lawrence, which may be a new home for Pusateri's, assuming it is interested in relocating. A smaller retail space in the northern part of the site is also planned, along with three smaller retail spaces along Lawrence.

The development will have a three-level underground garage with 566 parking spaces for residents, 66 for visitors and 71 for retail.

There will be 141 electric vehicle (EV) charging stations and additional light EV spaces. The design also includes 453 long-term and 47 short-term bicycle parking spots for residents and six long-term and 15 short-term spots for retail.

This development is part of a broader trend along this stretch of Avenue Road, with several mid-rise buildings being planned or under construction nearby.

—Ron Johnson

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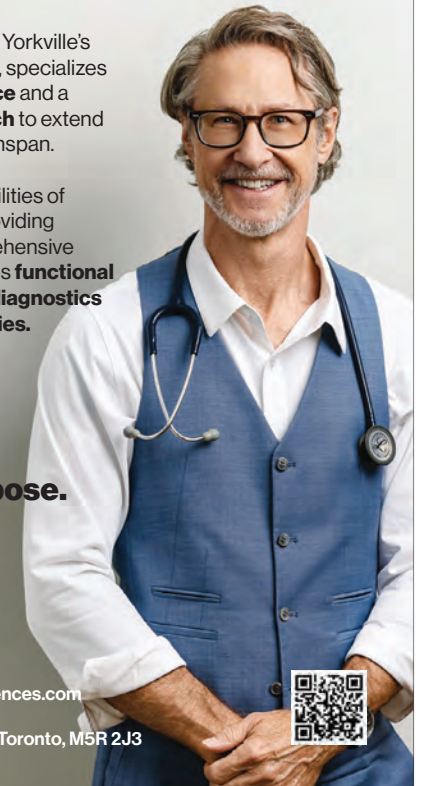
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# An Ossington snack bar, vintage pop-up in Yorkville & more



The Carhartt store on Ossington marks the brand's first Canadian location

**Carhartt WIP** has officially opened its doors on Ossington. The sleek and spacious location features meticulous displays of the brand's workwear and streetwear collections, including a display of graphic tees laid flat along the wall like an art exhibition. The new space can be found at 49 Ossington Ave.

**Vintage and the City** is popping up in Yorkville Village! The locally run curated vintage shop has previously been turning heads at Hippy Market, the Sunday Variety Market and more. Now, you can shop fabulous vintage finds, from '80s jewelry to elegant '90s blazers, right in Yorkville at 55 Avenue Rd.

**Sasha Kim**, a 12-year-old artist in the Queen West neighbourhood, recently chose to submit a painting of her favourite local bakery, Nadège Patisserie, for a contest asking participants to create a

painting of something dear to the artist's heart from their neighbourhood. When owner Nadège Nourian — and her partner Morgan McHugh — heard the story, she offered to buy the painting to display in the bakery at 780 Queen St. W. The show of support for a young artist from the community was greatly appreciated by Sasha and her family!

**Gem Studio** has launched its first Canadian location in Toronto at the Well. The U.S.-based experiential jewelry retailer is known for its customizable approach to jewelry, where customers are walked through the process of crafting their own jewelry. Providing a hands-on silversmithing experience, customers will walk away from Gem with anything from earrings to a pet collar or a keychain that they had a hand in making. The studio at 486 Front St. W. also offers permanent jewelry.

**Shawarma Daddy** is new to Bloor West. The popular Scarborough eatery's famous charcoal barbecue whole chicken is now available at 728 Bloor St. W. Lovers of shawarma, those looking for a halal food or those just looking for a quick bite to eat on their lunch break will love the restaurant's simple and affordable menu, featuring chicken and beef shawarma, falafel and special jerk chicken or butter chicken fusion shawarmas.

**No Vacancy**, a new spot at 74 Ossington (formerly Ghost Chicken), merges global flavours and cocktails in a laid-back, neighbourhood-driven atmosphere. A nod to Ossington's evolution, it's perfect for starting, ending, or spending your night. Chef John Carlo Zabala's open-flame dishes showcase his Filipino roots, while the moody, nostalgic space features local art and exposed brick.



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# BREAK-INS BY NEIGHBOURHOOD

This month 46.3% of break-ins were from 6 p.m. to 12 a.m., 21.2% from 6 a.m. to 6 p.m. and 31.7% from 12 a.m. to 6 a.m.

## QUEEN WEST

FEB. 7	3 A.M.	SPADINA AVE. AND GRANGE AVE.
FEB. 12	2 P.M.	CINDER AVE. AND CRAWFORD ST.
FEB. 14	10 P.M.	DUNDAS ST. W. AND ROXTON RD.

## ANNEX

FEB. 3	4 A.M.	COLLEGE ST. AND HURON ST.
FEB. 3	12 P.M.	LOWTHER AVE. AND ST. GEORGE ST.
FEB. 5	5 A.M.	CHRISTIE ST. AND DUPONT ST.
FEB. 6	8 P.M.	COLLEGE ST. AND ROBERT ST.
FEB. 7	7 P.M.	DUPONT ST. AND BRUNSWICK AVE.
FEB. 9	4 P.M.	LIPPINCOTT ST. AND VANKOUGHNET ST.
FEB. 12	2 A.M.	DUPONT ST. AND HOWLAND AVE.
FEB. 14	9 P.M.	PALMERSTON AVE. AND VERMONT AVE.

## MIDTOWN

FEB. 1	12 A.M.	ROXBOROUGH ST. W. AND MOLSON ST.
FEB. 1	6 P.M.	EDMUND AVE. AND BENVENUTO PL.
FEB. 2	1 P.M.	DAVENPORT RD. AND HILLSBORO AVE.
FEB. 3	4 P.M.	YORKVILLE AVE. AND YONGE ST.
FEB. 3	8 P.M.	LYNWOOD AVE. AND WARREN RD.
FEB. 11	6 P.M.	OAKLANDS AVE. AND ALCORN AVE.
FEB. 12	2 A.M.	GLENGROVE AVE. W. AND WESTGROVE CRES.
FEB. 12	1 P.M.	CHAPLIN CRES. AND DUNCANNON DR.
FEB. 12	8 P.M.	WALKER AVE. AND ALCORN AVE.
FEB. 14	8 P.M.	ST. CLAIR AVE. W. AND DEER PARK CRES.

## NORTH TORONTO

FEB. 1	7 P.M.	ROXBOROUGH ST. E. AND CHESTNUT PARK RD.
FEB. 5	1 A.M.	YONGE ST. AND BERWICK AVE.
FEB. 5	1 A.M.	ROCHESTER AVE. AND MILDENHALL RD.
FEB. 5	2 A.M.	CRANBROOKE AVE. AND GREER RD.
FEB. 6	6 P.M.	BROADWAY AVE. AND CORINTH GDNS.
FEB. 8	8 A.M.	LAIRD DR. AND WICKSTEED AVE.
FEB. 8	11 A.M.	FAIRFIELD RD. AND CARDIFF RD.
FEB. 9	11 P.M.	EGLINTON AVE. E. AND DUNFIELD AVE.
FEB. 10	1 A.M.	FAIRLAWN AVE. AND YONGE ST.
FEB. 12	1 P.M.	ALEXANDRA BLVD. AND YONGE ST.
FEB. 12	7 P.M.	CLARENDON AVE. AND CLARENDON CRES.
FEB. 13	3 A.M.	YONGE ST. AND SHAFTESBURY AVE.
FEB. 14	7 P.M.	DAWLISH AVE. AND DANESWOOD RD.
FEB. 15	8 P.M.	YONGE BLVD. AND FELBRIGG AVE.
FEB. 15	10 P.M.	HEATH ST. E. AND YONGE ST.

## NORTH YORK

FEB. 9	9 P.M.	YONGE ST. AND BYNG AVE.
FEB. 12	1 A.M.	FISHERVILLE RD. AND RUSSFAX DR.
FEB. 13	3 A.M.	BATHURST ST. AND CARPENTER DR.
FEB. 15	9 P.M.	BEECHWOOD AVE. AND HIGHLAND CRES.
FEB. 15	11 P.M.	MUNRO BLVD. AND UPPER HIGHLAND CRES.
FEB. 16	7 P.M.	LAWRENCE AVE. W. AND GLEN RUSH BLVD.



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# CURRENTS

SECTION



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## THE BIG TICKET

# FRONT ROW SEATS TO MARCH

Hot shows in Toronto this month include a night of standup with Aziz Ansari, an intimate show from Mumford & Sons, Australian pop icon Kylie Minogue and many more. By Ron Johnson

1

### KYLIE MINOGUE

Kylie Minogue's Tension Tour will stop at Scotiabank Arena on March 29. With special guest Romy, the night promises a high-energy performance filled with the star's iconic music and vibrant stage presence. [scotiabankarena.com](http://scotiabankarena.com)

2

### WHEN SISTERS SPEAK

When Sisters Speak is North America's largest showcase of Black female spoken-word artists. The 2025 Toronto event, on March 29, will highlight the powerful voices of local talent at the Jane Mallett Theatre. [to-live.com/St-Lawrence-Centre-for-the-Arts-Events](http://to-live.com/St-Lawrence-Centre-for-the-Arts-Events)

3

### AZIZ ANSARI

Aziz Ansari will bring his Hypothetical Tour to Massey Hall on March 28, offering a night of standup comedy. Known for his Emmy-winning work on *Master of None*, Ansari captivates audiences with his sharp humour and insightful commentary. [masseyhall.com](http://masseyhall.com)

4

### TOSKETCHFEST

Tosketchfest25 celebrates its 20th anniversary with top-tier comedy performances from March 5 to 16. The festival will feature a range of shows, including a celebration of International Women's Day with talented female comedians. [torontosketchfest.com](http://torontosketchfest.com)

5

### BEDOUIN SOUNDCLASH

Celebrate 20 years of Sound-ing A Mosaic with Bedouin Soundclash at the Opera House on March 29. This special performance will showcase the band's evolution: blending reggae, rock and ska in a high-energy live show. [theoperahousetoronto.com](http://theoperahousetoronto.com)

6

### MUMFORD & SONS

Mumford & Sons will perform at Massey Hall on March 23 as part of their Tour Before the Tour, a series of intimate shows ahead of their upcoming album release. This marks the band's first headlining performance in North America since 2018. [masseyhall.com](http://masseyhall.com)

7

### LADIES OF THE CANYON

Ladies of the Canyon: Joni and the California Scene takes you through 1960s and '70s Laurel Canyon, where legends like Joni Mitchell reshaped the sound of an era. Led by Hailey Gillis and Raha Javanfar, the Soulpepper concert runs March 13–23. [soulpepper.ca](http://soulpepper.ca)

8

### PERFORMANCE REVIEW

*Performance Review* is a comedic exploration of power dynamics and sexual violence in the workplace. Playwright Rosamund Small returns with this intimate one-woman show, blending humour and shock in a real-time storytelling experience. [outsidethemarch.ca](http://outsidethemarch.ca)

9

### JONATHAN RICHMAN

Jonathan Richman, iconic lead vocalist of Modern Lovers, performs at the Concert Hall, at 888 Yonge St., on March 2, with Tommy Larkins on drums. Experience the pioneering rock legend in an intimate, unforgettable performance. [888yonge.com](http://888yonge.com)

10

### FAYE WEBSTER

Catch singer-songwriter Faye Webster live at Queen Elizabeth Theatre on March 3 and 4 in support of *Underdressed* at the Symphony, with support from Mei Ehara. Don't miss out on this unforgettable night. [queenelizabeththeatre.ca](http://queenelizabeththeatre.ca)

11

### JANE BUNNETT

Join Jane Bunnett and a talented ensemble of Cuban musicians at Koerner Hall on March 1, for *Warm Winds from Cuba*. Featuring Orlando "Maraca" Valle, the Santiago Sax Quartet and Hilario Durán, celebrating Bunnett's illustrious career. [rcmusic.com](http://rcmusic.com)

12

### INSIDE AMERICAN PIE

*Inside American Pie* explores the history and mysteries behind Don McLean's iconic song. With performances and stories, this docu-concert uncovers connections to cultural figures and events from the '50s and '60s. Runs March 12 to 30. [mirvish.com](http://mirvish.com)



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## CELEBRATE WOMEN, CELEBRATE STYLE

In honour of International Women's Day, we've curated our favourite spring-forward designs from some of Canada's best female fashion designers, with the help of Jeanne Beker. From patchwork denim to upcycled quilted coats, supporting local has never been so stylish.

**A. QUILTED COAT**, Honeybea, SALE \$504.90, 90 Nassau St.

**B. PANTS**, Dagg & Stacey, SALE \$144, available at Coal Miner's Daughter, 3095 Dundas St. W.

**C. EARRINGS**, Biko, SALE \$145, [ilovebiko.com](http://ilovebiko.com) "You could wear these dressed up or down, and they're so whimsical with the double hoops."

**D. RING**, Lisa Gozlan, \$388, 87 Cumberland St.

**E. CARDIGAN**, Silk Laundry, \$595, [silklaundry.ca](http://silklaundry.ca)

**F. WEEKENDER BAG**, Samara, \$235, [samarabags.com](http://samarabags.com)

**G. BLAZER**, Smythe, \$995, 1116 Yonge St. "What a beautifully fitted jacket; the detailing is fantastic. Really great year round."

**H. BRACELET**, Rebekah Price, \$130, 70 Wingold Ave. "I love the different stones!"

**I. SOCKS**, Muttonhead, \$20, 163 Roncesvalles Ave.

**J. SKIRT**, Kaela Kay, \$198, [kaelakay.com](http://kaelakay.com) "This is a great skirt for a garden party or a fancy night out. I love how joyful the print is, and this is just so beautifully made."

**K. WIDE LEG JEANS**, Beaufille, \$520, [beaufille.com](http://beaufille.com)

**L. BIKER BOOTS**, Maguire, \$380, 760 Queen St. W.

**M. DENIM SHACKET**, Hilary MacMillan, SALE \$137.50, [hilarymacmillan.com](http://hilarymacmillan.com)

"This patchwork motif will put a little bit of snap into your wardrobe!"

**N. EMBROIDERED CAP**, Billy Bamboo, \$57, [billybambooshop.com](http://billybambooshop.com)

**O. BLOUSE**, T.Line, \$295, 1062 Yonge St.



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## CURRENTS DAYTRIPPER



L-R: Watch syrup being made, taste maple taffy on fresh snow

## Get sticky: 4 sweet maple syrup escapades

It's the sweetest time of the year: maple sugaring season. Take advantage of the fact that we live in a province that is Canada's third-largest maple syrup producer and plan a day trip around one of the sugar bush treks, maple festivals and syrup experiences in Ontario!

### Have a blast at Maple Town

From sap collection to transformation into the sugary liquid Canadians hold dear, you'll love learning about sugar maples with a Conservation Halton guide at Maple Town at Mountsberg. After, sample fresh syrup on a hot stack of pancakes accompanied by a warm drink. For further exploration, head to nearby Rattlesnake Point — recently named one of the most photogenic spots in the world — for trails through 800-year-old cedar forests and scenic lookout points. *March 1–April 6*

### Explore Ontario's maple syrup museum

Enjoy a hearty breakfast and sample award-winning maple syrup at the Elliott Tree Farm Maple Syrup Experience. Hike (or toboggan) the farm's sugar-bush trail, taste sap from the tree and visit the sugar shack to watch the pros before exploring the Maple Syrup Museum of

Ontario. Then, stop by Orangeville for dining, shopping and historic strolls. *Feb. 15–April 4*

### Traverse a syrupy trail

Enjoy Ontario's finest epicurean activities on the Muskoka Maple Trail. Dine on maple-infused dishes, explore sugar bushes by wagon ride and uncover the rich history of this early spring tradition. On April 26, celebrate the season with treats, entertainment and revelry in welcoming Muskoka style at the Muskoka Maple Festival. *March 7–April 26*

### Get rowdy at March (Maple) Madness

Explore multiple family-owned sugar bush trails, snowshoe through vineyards and sugar maple woods and try your luck at maple syrup-related trivia at PEC March Maple Madness. Buy small-batch maple syrup and have a boozy break at several local wineries, breweries and cider houses. While you're at it, stay the weekend in one of Prince Edward County's lovely B&Bs and book a guided maple tour day trip. *March 1–30*

— Rebecca Hesse



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# Dear Sangita: My cheating ex can't resist showing up at my job

**Dear Sangita:** I was in a four-year relationship, and my partner cheated on me. I've been trying to move on and get over it. But now for the past month, he's been coming in every single week to my place of work (I'm the manager at a restaurant) — with the person who he cheated on me with. It's getting under my skin and makes work so unpleasant. What should I do? —*Cursed by the cheater*



**Dear Cursed:** This is a bizarre and awful scenario. If he cheated on you, you would think he would be embarrassed and wouldn't want to be around you at all, let alone coming to your place of work. I assume that he knows your schedule, which means he's deliberately coming in when you're working — he's trying to get under your skin.

He's either so much of an a\*\*hole that he's actually going out of his way to taunt you at your place of work and potentially try

to make you jealous with this new girlfriend, or there's some unfinished business and he feels like he needs to see you or talk to you for some reason.

Either way, you have a few options: one is to suck it up and just go to work and deal with it, or you could find a way to communicate with him and ask him to stop. If someone did that to me and walked into the restaurant I worked in, I wouldn't serve them.

I'd get someone else to serve them. I wouldn't want to give the power to him, and I would find ways of not being around him if he's not someone who will listen to reason. You could change your shifts at work, or your last option is to find a new job entirely. It's not fair that someone who has already done something so awful to you would have such an impact on your work life too, but you ultimately need to look after your-

self and do what will bring you peace.

**Dear Sangita:** My mom is 85 and she still lives in the house we were born in. I really think it's time she moved. There are a lot of stairs, and I'm worried for her safety. But I can't convince her to move into a place that's easier for her because this is our childhood home, and she's very emotionally attached to it. I've done whatever I can to keep her as safe as possible, but I think now it's time to move her out. What should I do? —*Aging pains*

**Dear Aging pains:** I recently had to get my parents to move out because my dad was not doing well, and there were stairs in the house. We moved them out and they live in a condo now. I learned from that experience that you have to be sensitive to what they're feeling. Rather than telling your mom what to do, which is something a lot of adults are

guilty of, you need to put the power in her hands. Ask her if she really feels like she's safe there.

She'll probably say yes at first, but go over all those scenarios, such as: "Is it hard for you to go up the stairs?" My parents eventually realized they couldn't manage it.

Of course this will be difficult for your mother. This is the next chapter of her life and probably her last chapter. So take the journey with her: visit places with her, go through old keepsakes with her. You might be feeling rushed to do this now, out of fear and worry for your mom, but I would come at this situation from a place of empathy for how difficult this process will be for her.

*Have a relationship or life question for Sangita? Send it to [advice@postcity.com](mailto:advice@postcity.com).*

**SANGITA PATEL** is our advice columnist and was previously a host on ET Canada.

## Rotman Post City Streets of Toronto Roundtable

March 5, 2025 | 5:00 - 6:30 PM  
Rotman School of Management



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**Sebastian Clovis**



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**Barry Cohen**



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## FAST FACTS

**NAME:** Eric Bauza**FAVE RESTAURANT:**  
Swiss Chalet and St.  
Andrews Fish & Chips**FAVE THING TO DO  
IN THE CITY:** Catch  
a Raptors game**FAVE PLACE TO UNWIND:**  
Congee Queen or  
Dragon Pearl Buffet**VOICE ACTOR IDOL:**  
Mel Blanc

Eric Bauza has voiced animated characters including Bugs Bunny

## Voice actor icon goes from T.O. to Toontown

Eric Bauza's voice is everywhere—whether you recognize it or not. The Toronto-born voice actor has lent his vocal talents to some of the most beloved animated characters of all time, from Bugs Bunny to Daffy Duck, Marvin the Martian and even Woody Woodpecker. His journey from a cartoon-obsessed kid growing up in the city to becoming the official voice of Looney Tunes's most iconic characters is a testament to a lifelong passion for animation.

Bauza was born in Toronto to Filipino immigrant parents who, like many newcomers, sought stability for their family through secure government jobs. But Bauza's interests were different — from a young age, he was enamoured with Saturday morning cartoons, particularly *The Bugs Bunny & Tweety Show*.

"You grow up on the Disney side of the fence or the Warner Brothers side of the fence," he says. "I always gravitated toward Hanna-Barbera and Warner Brothers. They're nostalgic and mean a lot to me; it's comfort food. My brother Alan and I would watch and crack up."

Initially, Bauza studied broadcasting at Centennial College. But in his third year he took a leap of faith, against his professor's warning, and headed to California to chase a production assistant position at an anima-

tion studio in Los Angeles.

The moment he arrived in L.A., he called the studio. "The producer had this rough voice. He said, 'How much do you charge?' I said, 'Nothing. Free.' He goes, 'You start tomorrow.'"

That was in 1999. Bauza worked his way up in animation, first behind the scenes, then breaking into voice acting. For Bauza, it's more than just a job — it's about keeping these characters alive for new generations.

"It's like being able to put on a cape or a Santa Claus costume," he says. "You do the voice and you put a smile on their face." (He loves to surprise customs agents at the airport.)

With an impressive IMDb page that spans everything from *Ultimate Spider-Man* to *Teenage Mutant Ninja Turtles* and *Rick and Morty*, as well as a role in the soon-to-stream Disney series *StuGo*, Bauza now has his sights set on potential feature films. But even if that doesn't pan out, he's content.

"At the end of the day, it's about sharing the magic of animation with my son," he says.

As for the secret to longevity in animation? "Who needs Botox when you have cartoons?" he quips. "It keeps you young."

And with that, he slips effortlessly into Bugs: "Eh, what's up, doc? That's all, folks!"

—Sadaf Absan

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# Entertainment host finds Oscar-worthy romance in 67 steps

For years, Danielle Graham rubbed shoulders with celebrities at the Oscars, The Cannes Film Festival, TIFF and more as an *eTalk* host. Now, she's joining forces with entertainment producer (and real-life bestie and Queen West neighbour) Caleigh Rykiss for pop culture podcast *IV THREE*, where they'll be giving listeners an inside scoop on the biggest celebrity headlines. But first, Danielle gives us the scoop on how she and her husband, Randall, travelled across the world to find love in their own backyard.



Danielle and Randall Graham had a 25-person cottage wedding

## How they met

We met in 2011 in Ghana, Africa, on a work assignment. We worked for the same company in two different departments and had never crossed paths in the office. There is nothing subtle about Randall, and I was very intrigued by him. We hung out one night solo in Ghana at the end of the trip and made a plan to see each other again back home. When we

returned to work, we learned our offices were right on top of each other. I was on the second floor, and Randall was on the third. We'd been 67 steps away from each other for years.

## The first date

For our first date, we watched the Academy Awards at Randall's, and he cooked dinner. The Academy Awards always held a special place in our hearts because

of that, and then for many years after, I would go to be a part of the red carpet coverage. In 2016, I was pregnant with our first daughter at the Oscars. The following years, Randall would send me pictures of her watching me on TV.

## The proposal

We bought a cottage together about a year into dating, and I figured it would happen there. About 2.5 years into dating we

went for a swim, just the two of us. We decided to race around the swim platform for fun. Once we were out of the water on the deck, we were looking out at the lake, and that's when it happened. Once I saw Randall down on one knee, I kept saying, "no, no!" because my hair was all wet, and I was in total shock. Turns out Randall had the ring in an inside zipper pocket of his bathing suit!

## The wedding

We got married the next summer, on a Wednesday, July 30, 2014. We both wanted a small wedding, and we knew we wanted it at our cottage. So that's what we did. Twenty-five people. We got married in the exact spot Randall proposed on. When we sold that cottage, we took those deck boards with us, and we plan to do something with them one day. I have a big Italian family on my mom's side, so nine days after our cottage wedding, my parents threw us a big reception in their

backyard with all my family and more of our friends. It was one of those parties people still talk about to this day.

## The kids

We have two incredible little girls. Beatrix, 8, and Marigold, 5.

## The secret to success

We are very different people in many ways. I am a Type A person, and Randall is a creative genius! I think our success comes from the fact that, while we are different in a lot of ways, our values have always been aligned. How we move through the world, how we treat others and the things we prioritize as parents are completely the same. We are so connected that we often joke that we can put thoughts into each other's minds.

## The future together

Randall's beard will be more grey. We'll still be watching *Seinfeld* reruns. The girls will hopefully still want to hang with us.

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# FRY ME TO THE MOON

With halibut season kicking off in March, we're diving into a fishy faceoff. We brought in chefs Mona Sleiman, of Quench Catering, and Anthony Rose, of Fat Pasha, to judge a blind taste test between T.O.'s top fish and chips spots: the classic Olde Yorke and the hipster fave Sea Witch. Let's reel in the winner!



## OLDE YORKE

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## VS.

## SEA WITCH

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Founded in 2014

### ROUND 1 - CHOWDER

**Olde Yorke:** Mona: 6, Anthony: 6.5  
**Sea Witch:** Mona: 6, Anthony: 6

First up is Olde Yorke's New England-style chowder. Mona and Anthony both agree it's super creamy, but Mona thinks it's a bit too starchy with all the potato. Next the Witches Brew from Sea Witch. Both chefs agree this chowder is chunkier and has more going on, but Anthony thinks it doesn't pack the flavour punch they were expecting.



### ROUND 2 - FISH + CHIPS

**Olde Yorke:** Mona: 8, Anthony: 7.5  
**Sea Witch:** Mona: 7, Anthony: 8

Both Mona and Anthony are impressed with Olde Yorke's crispy, flaky fish. They both say that the fries are good and both enjoy the tartar sauce. Next, Sea Witch's fish and chips stand out with a crispy, juicier batter. The fries are crunchy and the tartar sauce is a hit. Mona enjoys the larger pieces of fish but finds it a bit heavy.



### ROUND 3 - DEEP-FRIED DESSERTS

**Olde Yorke:** Mona: 7, Anthony: 7.5  
**Sea Witch:** Mona: 6, Anthony: 7

The chefs dive into Olde Yorke's deep-fried Mars bar and vanilla ice cream. Anthony doesn't really taste the chocolate bar, but both agree it's surprisingly rich. They next try Sea Witch's deep-fried Oreos. Anthony finds them a bit too rich, and Mona likes the Oreo flavour but isn't thrilled with the dryness of the cookie.



**FINAL SCORE - Olde York:** Mona: 21, Anthony: 21.5 **Sea Witch:** Mona: 19 Anthony: 21

## WINNER OLDE YORKE

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L-R: William Nylander strikes a pose during a photo shoot at Sugo, dishes from PT&amp;Y

## EATER'S DIGEST: Anthony Bourdain's fave lunch spot, plus chalet eats in the heart of T.O.

### OPENINGS & HAPPENINGS

As if **Sugo** couldn't get any hotter, William Nylander, of the Toronto Maple Leafs, recently posed in custom Garrison Bespoke suits at the popular Italian spot in Bloordale village. The photoshoot featured Nylander in tailored looks, sipping wine with his dogs, Banksy and Pablo, while enjoying classic Italian dishes, like meatball sandwiches and spaghetti.

**Kensei Bar**, a '90s-inspired Korean and Japanese vinyl bar, is the latest venture from Hansang and Juwon Lee, who also own Gonzo Izakaya. Joined by co-owner Hyunchan Jo, the trio brings jazz-inspired cocktails, vinyl spins and Japanese small bites, like wasabi peas and curry croquettes, to a retro-chic space.

**Ayla**, located above Patois on Dundas West, is a fusion of global influences from chefs

Danvee Kwok and Kevin Shaw-cross. Drawing on their experiences in Vancouver, Hong Kong, Japan and Barbados, the menu blends Cantonese, French, Japanese, Caribbean and Mediterranean flavours. With dishes like prawn toast okonomiyaki, Ayla offers an exciting experience rooted in personal connections and storytelling.

**Please and Thank You (P&TY)** on Ossington is the newest spot from the team behind popular Korean restaurant OddSeoul. This stylish cocktail bar and eatery offers creative small plates, like tikka fried chicken, lobster tartare and Togarashi pork ribs, with many dishes priced under \$20.

Toronto's original **Après Ski Party** is back for its 10th year, and it's set to be bigger than ever. On March 8, head to Adelaide Hall, 250 Adelaide St. W., for an epic two-floor party that kicks

off at noon and goes all night long. Skip the slopes and go straight for the Coronas, shot skis and wintertime fun. Also on board are live DJs, chalet eats, warm drinks and plenty of giveaways.

### COMING SOON

From the team behind Toronto's Mother Tongue and Blue Mountain faves Twist and Mangione, **Florin** is a soon-to-open trattoria serving up Florentine dishes. Expect Italian staples, regional favourites and, fingers crossed, a Fiorentina!

**The Lunch Lady**, a Vancouver-based Vietnamese street food spot loved by the late, great Anthony Bourdain, is taking over the iconic Boehmer space on Ossington. Known for vibrant, authentic dishes, this Michelin-recognized spot opens in May 2025.

### SAD TO SEE YOU GO

**The Sweet Potato**, known for its organic offerings, announced on Instagram that the Bayview-Leaside location will close to focus on Sweet Potato's Junction flagship store. Co-owners Digs Dorfman and CJ Chiddy expressed gratitude for the community's support since opening in May 2023. The store officially closed on Feb. 14, with customers encouraged to visit their original location in the Junction.

After 20 years, **Banu**, the family-run Iranian eatery on Queen West, closed its doors on February 28. The Mohyeddin siblings, who ran the sleek restaurant, decided not to renew their lease. Banu will continue offering catering services during this transition.

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## THE HOT LIST

The 10 hottest reservations in and around town

### Harbour Sixty

The iconic spot is back boasting a multimillion-dollar makeover.

### Bar Clams

Matty Matheson has the Poseidon touch with his new Maritime diner.

### Kensei Bar

### The Coffee Party

This new sober party series, continuing on March 22, blends caffeine and music.

### General Public

Jen Agg's new restaurant offers an upscale blend of English pub and American brasserie experiences.

### Occhiolino

Toronto's latest Italian spot, is backed by Drake's personal chef.

### P&TY

### Taverne Bernhardt's

Five years in this spot continues to wow with its rotating birds and sinful desserts.

### Gochu Libre

This Mexican-Korean Kantina has arguably the best margs in the city.

### Gateau Ghost

Already a crowd favourite, this spot is hotter than ever with the addition of dinner.

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**FOOD**



Dishes from Harbour Sixty's revamped menu

## Classic steak house gets major glow up

After 25 years of being Toronto's go-to steak house for see-and-be-seen lunches and special occasions, Harbour Sixty is back with a multimillion-dollar makeover, adding new dining spots and an even more elevated experience.

The resto's signature style has been reimagined by Sovereign State and Biography — two of Toronto's top design teams.

The main attraction is the flagship two-storey restaurant that's been reworked to perfection. With seating for 300 at Harbour Sixty, executive chef Solomon Mason has pulled out all the stops, offering a menu that features USDA prime beef and Australian wagyu, and it is one of the few restaurants in Toronto with a kobe beef certification.

Guests will also be treated to the restaurant's unique seafood program, which includes a drying room for fish along with creative sides, like truffle mac and cheese, and sinful desserts, like coconut cream pie.

"Our goal is to showcase the best of Canadian agriculture while staying true to the timeless steak house experience," says

Mason.

Head upstairs to the third floor, where Estelle offers a stunning event space with seating for 100 and panoramic city views, making it the perfect venue for everything from weddings to corporate events. The menu features Harbour Sixty's most requested dishes alongside offerings from Arianna (the restaurant on the fourth floor — yes, there's another one!). It's the best of both worlds.

Located on the top floor, Arianna is considered the crown jewel of Harbour Sixty, offering sweeping views of the Toronto skyline. The restaurant's concept, crafted by chef de cuisine Scott MacKenzie, offers a modern take on Italian dishes, featuring signature items like Sicilian crudo and the playful pepperoni bolognese pinwheel lasagna.

The wine program and cellars span the building's eateries, where both a wine director and a master sommelier are on staff. Guests can explore a diverse selection from emerging regions and cult producers. The iconic eatery is located at 60 Harbour St. —Jennifer Schembri

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# Accomplished restaurateur opens new Yonge & Eg bistro



Toronto's restaurant scene is about to welcome a new addition from one of the city's most experienced restaurateurs. Atef Girgis, the owner behind beloved spots like Village Idiot is opening Ends Meet later this month. This new venture marks a shift from Girgis's signature pub concept to a hybrid bistro and pub experience.

Ends Meet will feature two distinct spaces: an upstairs bistro offering an elevated European menu and a downstairs pub with hearty, classic fare and a great selection of craft beers with a concentration on those from Belgium. It's a unique approach that combines Girgis's love for both refined dining and the laid-back, community-driven vibe of a traditional pub.

Girgis has been in the restaurant business for decades, and his passion for creating unique dining experiences continues to drive him. In 2024, Girgis was inducted into the Knighthood of the Brewers' Paddle, a prestigious honour recognizing global champions of Belgian beer.

"It's like an addiction. Some people are addicted to alcohol, and me, I'm addicted to restaurants," he says.

The name Ends Meet was inspired by Girgis's desire to provide an affordable option for dining.

"I think it's a time for living in the moment," he explains. "And I hope to be able to provide people with an affordable menu, reasonable prices, and, hopefully, they can make ends meet and keep going out."

Girgis opened Village Idiot in 1987 on the corner of Dundas Street West and McCaul Street, and it quickly became a local favourite. Over the years, he has added the Prenup Pub and Town Crier and Sin and Redemption pubs to his portfolio, each spot offering something special.

## BRAIN BLUNDER

In 2019, Village Idiot briefly rebranded as 'Village Genius' for political correctness.

At the time of this chat, the menu was still a work in progress, but Girgis promises a mostly Italian menu upstairs, with classic pub grub downstairs — think wings, sandwiches, burgers and crowd-pleasing apps like nachos, calamari and flatbread pizza. And for beer lovers, expect premium brews like Palm, Rodenbach and La Trappe, crafted by monks at a famed Dutch brewery.

Girgis remains passionate about creating spaces where people feel welcome and valued.

"The most rewarding part is seeing people have a good time and appreciate the experience," he says.

Ends Meet is located at 228 Merton St.

—Jennifer Schembri

POST CITY X DIAMOND & DIAMOND

## 4 Winter Tire Tips You Need to Know

Tips from Jeremy Diamond and Sandra Zisckind of Diamond & Diamond Lawyers

### SANDRA ZISCKIND

Sandra Zisckind is a lawyer who was called to the Bar in 2003 and practices in the area of Plaintiff personal injury litigation in Toronto



As winter approaches and road conditions become more treacherous, ensuring that your vehicle is properly equipped for the season is crucial for both your safety and the safety of others on the road. As Canada's Largest Personal Injury law firm, Diamond & Diamond understands that the risks associated with winter driving can be substantial, especially in areas prone to snow, ice, and freezing temperatures. To help you prepare for the winter months, the firm's Managing Partner, Sandra Zisckind shares her insights on essential winter tire tips that every driver should know.

#### 1. Invest in Quality Winter Tires

Winter tires are specifically designed to perform better in cold temperatures, ice, and snow. Unlike all-season tires, they are made with specialized rubber compounds that stay flexible even in freezing conditions, providing enhanced grip. Sandra Zisckind emphasizes the importance of using the right tires for the season: "It may be tempting to rely on all-season tires, but they simply don't offer the level

of traction and control needed during Canadian winters. Winter tires are a worthwhile investment that could save your life, prevent accidents, and reduce the severity of collisions."

#### 2. Check Tire Pressure Regularly

Cold temperatures can cause the air in your tires to contract, leading to lower tire pressure. Driving with underinflated tires can increase the risk of tire blowouts and reduce your vehicle's ability to handle icy or slippery roads. Drivers should consult their vehicle's manual for the recommended tire pressure and check it at least once a month, especially as temperatures drop.

#### 3. Don't Wait to Replace Worn Tires

Tires naturally wear down over time, and this process accelerates when driving on rough winter roads. If your winter tires have worn down below the recommended tread depth, it's time to replace them. "Worn tires are a major hazard in winter driving conditions," Zisckind warns. "Inadequate tread depth can severely affect your

ability to stop on icy roads, which is why replacing old tires before winter hits is so important. It's crucial to replace your tires when they no longer provide sufficient grip." If you're unsure where to begin with assessing whether or not it's time to change your winter tires, it's important to speak with an expert such as a mechanic or tire specialist.

#### 4. Rotate Tires Regularly

To ensure even wear and extend the lifespan of your winter tires, it's important to rotate them regularly. Tire rotation helps maintain balanced handling and improves the longevity of your tires, which is important in harsh winter conditions. "Rotating your tires is a simple yet effective way to maintain optimal performance and avoid uneven wear," says Zisckind. "Have your tires rotated every 8,000 to 10,000 kilometers, or as recommended by your manufacturer, to keep them performing their best." By keeping your tires in good condition, you'll improve the overall safety of your vehicle during winter driving, re-

ducing the likelihood of accidents caused by poor tire performance.

#### Reduce the Risk of An Accident

Winter driving can be hazardous, but with the right precautions, you can significantly reduce the risk of an accident. Diamond & Diamond Lawyers urges drivers to invest in high-quality winter tires, check their tire pressure regularly, replace worn tires promptly, and rotate tires for optimal performance. By following these simple tips, you can ensure that your vehicle is prepared to handle whatever winter throws your way. If you do find yourself involved in a winter-related accident, Diamond and Diamond is here to support you. The firm is ready to provide expert legal assistance and guide you through the recovery process. Contact Diamond & Diamond anytime at 1-800-567-HURT.

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## Western Canada's top tacos come to the Annex

Blanco Cantina, the beloved Mexican restaurant and bar from western Canada, has landed in Ontario. Its new location in the Annex marks Blanco's first Toronto spot, and if its West Coast success is any indication, this place is set to be a local favourite.

Located at the corner of Bloor Street West and Dalton Road, this spot is poised to be the go-to hangout for taco lovers and margarita fanatics alike. With seven successful locations in Alberta and Saskatchewan, Blanco's expansion into Toronto seems like a natural next step.

"Blanco Cantina is already a favourite spot for many Canadians seeking fresh Mexican cuisine, and we're looking forward to making it a household name in Toronto," says Jay MacRaild, brand leader, Blanco Cantina. "Torontonians will get to experience the dynamic atmosphere fuelled by the happiest happy hour in town that sets Blanco apart from other cantinas."

The restaurant's twice daily



Blanco Cantina gets creative with birria ramen

happy hour (yes, twice a day) is a serious draw, with \$7 margaritas and \$3 tacos. The menu features all the usual Mexican fare — tacos, burritos, quesadillas and fajitas — but done right. You'll also find munchies like house-made tortilla chips, with salsa, queso or guacamole made right at

your table, plus chili popcorn shrimp and "dirty fries" loaded with all the fixings.

Rounding out the menu is a selection of soups, salads, and wraps. For dessert, indulge in churro chips or a chili chocolate brownie paired with fried ice cream. You can also take the fiesta home with Blanco's

margarita kits, which include all the ingredients to make six standard margaritas.

"Blanco isn't just a cantina; it's an unexpected escape from the everyday," says MacRaild. "No matter what time of year it is, when you walk through the doors of Blanco, you will find yourself transported to a lively hole-in-the-wall bar in Mexico, serving up the best tasting food and drinks in a no-fuss environment."

The cantina's margaritas come in a range of flavours, including frozen strawberry, chili coconut, raspberry jalapeño, and even the Cadillac of margaritas made with premium aged tequila, El Tequilaño Reposado. They're a major draw! Plus, with Blanco's "Taco Tuesdays," you can snag half-price tacos and \$5 off premium tacos.

Blanco Cantina is open every day from 2 p.m. until late and is located at 384 Bloor St. W.

—Jennifer Schembri



The restaurant's airy interior

## Medusa will leave you mesmerized

If you're in the mood for the tangy taste of fresh feta, the sizzle of grilled calamari, or the comfort of slow-cooked lamb, Medusa's got you covered.

Situated in Vaughan, this new Greek restaurant is the latest offering from the team behind Perla Oyster Bar and Grill and Ciao Ragazzi Cucina Italiana.

Guests at Medusa arrive to find an airy space, with a wine cellar that includes a selection of Greek and international options.

The menu offers everything from East Coast oysters, grilled octopus and fried zucchini chips to comfort-food classics such as moussaka and grilled lamb chops.

And if you have a sweet tooth, the galaktoboureko, a phyllo custard dessert topped with pistachios and the baklava cheesecake with its orange-scented ricotta filling, will make you think you've stumbled into a taverna on the Aegean coast.

In just a few months, Medusa has already cemented itself as Vaughan's must-visit Greek spot. Whether you're here for a romantic night, a family feast or an indulgent escape, it's got the perfect mix of elegance and comfort.

Medusa is open daily and is located at 3901 Highway 7, Vaughan.

—JS

## North York levels up with fine-dining spot

Rumeli Restaurant is a new family-run spot in North York serving up specialty platters and a seafood-forward spin on Turkish cuisine with an elevated style reminiscent of downtown dining.

Situated on Dufferin Street just steps away from G. Ross Lord Park, Rumeli Restaurant is awash in gold and emerald tones. But it's the decadent chandeliers, intricate mirrors and green foliage that really bring the sumptuous, high-end quality to the interior design.

"We're trying to show people that Turkish cuisine is not necessarily a step in and take out restaurant. It could be elevated," says owner Parastou Dadvar.

Having been in the industry for several years in Toronto and



Rumi's elevated Turkish cuisine

operating a bakery in Scarborough, the family has long been thinking about ways to provide North York residents with upscale dining that doesn't require making the long commute downtown.

As one would expect from Turkish cuisine, the menu at Rumeli offers no shortage of grilled meats, from steaks and lamb shanks to chicken chopstick and beef shish — and it's all 100 per cent halal.

But what makes Rumeli's menu unique is the focus on seafood, putting a spotlight on Turkey's coastal areas. A decadent seafood tower takes the spotlight, and the menu also boasts grilled octopus, oysters, lobster, mussel spaghetti and chef's shrimp-topped special pasta.

With a level of service matching the quality plates and eye-grabbing interior, Dadvar recognizes the importance of eating altogether and makes one promise to diners: "We will make sure that every table leaves happy and every table gets their meals all at the same time."

Rumeli is located at 6-4700 Dufferin St.

—Megan Gallant

# TORONTO'S TOP DOCTORS

SECTION



## Celebrating our city's top physicians

In a time when it's more difficult than ever to find a family doctor, we know what an important role our health-care professionals, led by Ontario doctors, play in our lives. In our fourth annual Top Doctors cover story, we highlight the most gifted physicians to call Toronto home. To create this list, we asked doctors across the city to nominate respected physicians they would recommend to pa-

tients and family. We're proud to share our 2025 list, featuring 415 doctors across 54 specialties! Our Top Doctors List is ranked number one on Google for "Top doctors in Toronto" and is one of the top results for "Best doctors in Toronto," showing it has become a trusted resource for many Torontonians. We want to thank the doctors who graciously nominated their peers for this guide.

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**STUDIO PLASTIC SURGERY & THE MINOR SURGERY CENTER**

*Dr. Jindal is a distinguished plastic surgeon in Toronto, specializing in aesthetic surgery. As the founder of Studio Plastic Surgery and co-founder of The Minor Surgery Centers, he brings over a decade of experience. His comprehensive training, combined with surgical expertise, allows him to deliver natural, beautiful results with a patient-centered approach grounded in compassionate care and trust.*

***What do you like most about practicing plastic surgery and why?***

I'm fortunate to work in a dynamic, ever-evolving specialty that embraces the latest advancements to enhance patient care. What I cherish most is witnessing the boost in confidence my patients gain and hearing their stories of renewed self-esteem. This work demands precision, an artistic eye, and a dedication to persistent innovation and refinement—an honour I'm grateful for every day.

***How do you build trust with a patient in your care?***

At our practice, trust is the cornerstone of every patient relationship, built upon a foundation of honesty, integrity, and genuine care. I believe trust is earned through open, thoughtful communication by taking the time to truly understand each patient's aspirations. This approach fosters a supportive, reassuring experience where patients feel heard, valued, and respected. My goal is to create a collaborative environment where every patient feels empowered, confident, and cared for throughout their journey.

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# T.O.'s TOP DOCTORS 2025

If the last few years have taught us anything,  
it's that every Toronto doctor is deserving  
of our thanks and recognition.  
Post City is grateful to those physicians  
who graciously nominated their peers  
for this special edition.

## ADDICTION MEDICINE

**Dr. Michelle Klaiman**  
Graduated: U of T, 2008  
St. Michael's Hospital

## ALLERGY IMMUNOLOGY

**Dr. Amiirah Aujnarain**  
Graduated: U of Ottawa, 2014  
Toronto Allergists

**Dr. Stephen Betschel**  
Graduated: McMaster, 1998  
Toronto Allergy Group

**Dr. David Fahmy**  
Graduated: Schulich Sch.,  
Western, 2011  
Silver Birch Allergy Clinic

**Dr. Wendy Michele Gould**  
Graduated: St. George's Univer-  
sity, 2006  
Sussman Allergy

**Dr. Eyal Grunebaum**  
Graduated: The Hebrew Univer-  
sity-Hadassah  
Medical School, 1988  
The Hospital For Sick  
Children

**Dr. Sari Herman**  
Graduated: McMaster, 2004  
North York Medical Group

**Dr. Nina Jindal**  
Graduated: Kasturba  
Medical College, 2009  
Oak Ridge Dermatology Centre

**Dr. Audrey Segal**  
Graduated: U of Maryland, 2007  
North Toronto Allergy

**Dr. Christine Song**  
Graduated: UBC, 2008  
St. Michael's Hospital

**Dr. Gordon Sussman**  
Graduated: Schulich Sch., 1977  
Sussman Allergy

**Dr. Peter Vadas**  
Graduated: U of T, 1983  
St. Michael's Hospital

## ANESTHESIOLOGY

**Dr. Syed Abbass**  
Graduated: Schulich Sch.,  
Western, 2002  
St. Joseph's Health Centre

**Dr. Asimul Alam**  
Graduated: U of T, 2007  
North York General Hospital

**Dr. Arsenio Avila**  
Graduated: Universidad Del  
Zulia, 1977  
Sunnybrook Health Sciences  
Centre

**Dr. James Baker**  
Graduated: Queen's, 1995  
St. Michael's Hospital

**Dr. Bok Man Chan**  
Graduated: U of London, 1987  
St. Michael's Hospital

**Dr. Herman Chan**  
Graduated: U of T, 1995  
Sunnybrook Health Sciences  
Centre

**Dr. Michael Hiscox**  
Graduated: UBC, 2005  
Michael Garron Hospital

**Dr. Darryl Irwin**  
Graduated: Schulich Sch., 2000  
North York General Hospital

**Dr. Henderson Lee**  
Graduated: Schulich Sch.,  
Western, 1990  
Michael Garron Hospital

**Dr. Heung Kan Ma**  
Graduated: McMaster, 2012  
St. Michael's Hospital

**Dr. Paul Mercereau**  
Graduated: Schulich Sch.,  
Western, 2008  
Toronto General Hospital

**Dr. Aaron Mocon**  
Graduated: Schulich Sch.,  
Western, 2008  
North York General Hospital

**Dr. Lisa Pillo**  
Graduated: Queen's, 2008  
North York General Hospital

**Dr. Marcos Silva Restrepo**  
Graduated: U of Colombia,  
2004  
Sunnybrook Health Sciences  
Centre

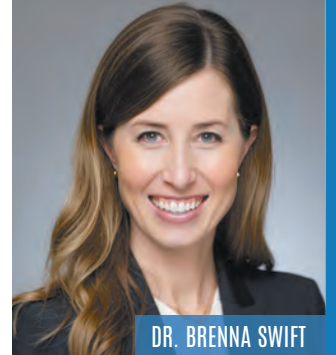
**Dr. Keith Lang Tanner**  
Graduated: U of T, 1993  
Sunnybrook Health Sciences  
Centre



DR. ALANNA WEISMAN



DR. GRAHAM ROCH-NAGEL



DR. BRENNA SWIFT



DR. ASHLIN ALEXANDER



DR. PRATI A. SHARMA



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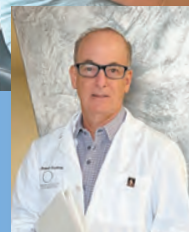
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*"We are grateful for recognition in Toronto's Top Doctors 2025!"*  
- Dr. Michael Kreidstein, MD, MSC, FRCS(C)



**Dr. Nir Lipsman is a Staff Neurosurgeon and Interim Head of Neurosurgery at Sunnybrook Health Sciences Centre. He is the Chief of the Hurvitz Brain Sciences Program where he holds the Harquail Chair in Neuromodulation, and is the Clinical Director of Sunnybrook's Focused Ultrasound Centre of Excellence.**

**What excites you most about your specialty?**

We have never been closer to treatments that will make a major impact on our patients' lives. We're at a unique and critical point in neurosurgery, where technology is rapidly developing, knowledge is exponentially growing, and the need for effective and less invasive treatments has never been greater. I recognized early that to make an impact, you can't go alone, you have to go in teams. I'm incredibly privileged at Sunnybrook to work alongside some of the best and brightest clinicians, scientists and allied health professionals, where we have moved the dial on some of the most challenging and complex conditions, from dementia to brain tumours to major depression. This is our core mission in the Hurvitz Program and the Harquail Centre, to harness talent across disciplines, to bring fields together, and to develop therapies from the ground-up that will make real, tangible differences in the lives of our patients and their families.

**Clinical areas of focus:**

- Focused ultrasound for tremor
- Deep brain stimulation for neurologic and psychiatric disease
- Neurosurgery of benign and malignant brain tumours



SCAN FOR MORE INFO



For more information, please visit [harquailcentre.ca](http://harquailcentre.ca)

# TOP DOCTORS 2025

ANESTHESIOLOGY CONT.

## CARDIOLOGY

**Dr. Husam Abdel-Qadir**  
Graduated: U of T, 2007  
Women's College Hospital

**Dr. Ravi Bajaj**  
Graduated: U of T, 2010  
Cardiac Care North York

**Dr. Eugene Crystal**  
Graduated: Vitebsk State Medical Institute, 1983  
Sunnybrook Health Sciences Centre

**Dr. Loretta Daniel**  
Graduated: McMaster, 1983  
Peter Munk Cardiac Centre

**Dr. Saeed Darvish-Kazem**  
Graduated: McMaster, 2010  
Gram Cardiology

**Dr. John Janevski**  
Graduated: U of T, 1998  
Toronto Western Hospital

**Dr. Ilan Lashevsky**  
Graduated: Sackler Sch. of Medicine, Tel Aviv Uni, 1989  
Lawrence Park Cardiology

**Dr. Hanna Lee**  
Graduated: U of T, 2012  
One Heart Care

**Dr. Melitta Mezody**  
Graduated: U of Semmelweis, 1982  
Toronto General Hospital

**Dr. Kareem Morant**  
Graduated: U of Ottawa, 2010  
Cardiac Care North York

**Dr. Heather Ross**  
Graduated: Queen's, 2007  
Toronto General Hospital

**Dr. Sheldon Singh**  
Graduated: U of T, 2001  
Sunnybrook Health Sciences Centre

**Dr. Jacob Udell**  
Graduated: U of T, 2003  
Women's College Hospital

**Dr. Kibar Yared**  
Graduated: McGill, 2001  
Unify Health

**Dr. Mohammad Imran Zia**  
Graduated: U of Calgary, 2002  
Sunnybrook Health Sciences Centre

## CARDIOTHORACIC SURGERY

**Dr. Gideon Cohen**  
Graduated: U of T, 1992  
Sunnybrook Health Sciences Centre

**Dr. Robert Cusimano**  
Graduated: U of Calgary, 1983  
Toronto General Hospital

**Dr. Tirone David**  
Graduated: Universidade Federal Do Parana, 1968  
Toronto General Hospital

**Dr. Sayf Gazala**  
Graduated: U of Al-Mustansiriyah, 2004  
Michael Garron Hospital

**Dr. Osami Honjo**  
Graduated: Shimane Ikadaigaku, 1997  
The Hospital For Sick Children

**Dr. David Latter**  
Graduated: McGill, 1982  
St. Michael's Hospital

**Dr. Fuad Moussa**  
Graduated: McGill, 1997  
Sunnybrook Health Sciences Centre

**Dr. Maral Ouzounian**  
Graduated: McGill, 2003  
Toronto Western Hospital

**Dr. Anthony Ralph-Edwards**  
Graduated: Queen's, 1987  
Toronto General Hospital

**Dr. Steve Singh**  
Graduated: Schulich Sch., Western, 2009  
Toronto General Hospital

**Dr. Chris Tarola**  
Graduated: Schulich Sch., Western, 2013  
Sunnybrook Health Sciences Centre

**Dr. Robert Kei Yanagawa**  
Graduated: U of T, 2008  
St. Michael's Hospital

## COLON + RECTAL SURGERY

**Dr. Shady Ashamalla**  
Graduated: U of T, 2005  
Sunnybrook Health Sciences Centre

**Dr. Marisa Louridas**  
Graduated: University of Manitoba, 2010  
St. Michael's Hospital

**Dr. Aman Pooni**  
Graduated: U of T, 2011  
Michael Garron Hospital

**Dr. Fayez Qureshy**  
Graduated: U of T, 2004  
Toronto Western Hospital

## COSMETIC SURGERY

**Dr. Ali Adibfar**  
Graduated: Medical College of Virginia, 1998  
Dr. Ali Adibfar

**Dr. Ashlin Alexander**  
Graduated: Queen's, 2006  
Dr. Ashlin Alexander

**Dr. Jamil Asaria**  
Graduated: U of T, 2004  
Face Toronto

**Dr. David Boudana**  
Graduated: U of Lille II, 2010  
Forest Hill Institute of Aesthetic Plastic Surgery

**Dr. Michael Brandt**  
Graduated: Schulich Sch., Western, 2005  
Form Face + Body

**Dr. Thomas Constantine**  
Graduated: McGill, 2008  
Humber River Health

**Dr. Steven Hanna**  
Graduated: Queen's, 2017  
Ford Plastic Surgery

**Dr. Christopher Hong**  
Graduated: U of T, 2003  
Edelstein Cosmetic

**Dr. Michael Kreidstein**  
Graduated: U of T, 1987  
Dr. Michael Kreidstein Cosmetic and Reconstructive Plastic Surgery

**Dr. Jacqueline Rose Makerewich**  
Graduated: Schulich Sch., 2011  
Toronto Cosmetic Surgery Inst.

**Dr. Dimitrios Motakis**  
Graduated: McGill, 2004  
Dr Dimitrios Motakis

**Dr. Asif Pirani**  
Graduated: U of T, 2006  
Toronto Plastic Surgery Center

**Dr. Mathew A. Plant**  
Graduated: Schulich Sch., Western, 2008  
Mathew A Plant MD

**Dr. Richard Rival**  
Graduated: U of T, 1989  
Rhinoplasty Toronto

**Dr. Mike Roskies**  
Graduated: McGill, 2012  
Dr. Mike Roskies

**Dr. Philip Solomon**  
Graduated: U of T, 1994  
Solomon Facial Plastic

## CRITICAL CARE

**Dr. Christie Lee**  
Graduated: U of T, 2004  
Mount Sinai Hospital

**Dr. Phil Shin**  
Graduated: U of T, 2001  
North York General Hospital

## DERMATOLOGY

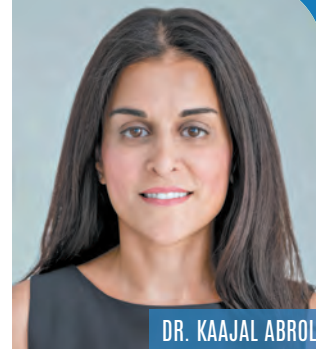
**Dr. Renita Ahluwalia**  
Graduated: U of T, 2008  
Canadian Dermatology & Plastic Surgery Centre

**Dr. Benjamin Barankin**  
Graduated: Schulich Sch., 2001  
Toronto Dermatology Centre

**Dr. Renee Ayana Beach**  
Graduated: McMaster, 2007  
Dermatolier On Avenue

**Dr. Julia Carroll**  
Graduated: Dalhousie, 2001  
Compass Dermatology

**Dr. Paul David Cohen**  
Graduated: U of T, 1995  
Rosedale Dermatology Centre



DR. KAAJAL ABROL



DR. ARI BARATZ



DR. MODUPE TUNDE-BYASS



DR. AARON MOCON



DR. DONNA GASPARRO

## POST CITY X TORONTO'S DOCTORS



### DR. IAN MAYNE M.D. FRCSC(C) NORTH YORK GENERAL HOSPITAL AND REVOLUTION PHYSIO CLINIC

*Dr Mayne is an Orthopedic Surgeon specializing in shoulder, elbow and knee surgery and practicing at North York General Hospital for the past 8 years. He did both his Doctorate of Medicine and Orthopedic Surgery Residency at the University of Toronto. He completed shoulder and elbow surgery fellowships in Melbourne, Australia and Auckland, New Zealand as well as a sports medicine surgery fellowship in Toronto.*

#### **Why did you choose your field of specialty?**

Orthopedic Surgery is an area of medicine that I was initially introduced to in my summer job as an operating room attendant at Scarborough Centenary hospital back in 2003. I was immediately drawn to the technical aspects of the procedures and sophisticated operating tools and instruments. Throughout my training I was exposed to the different sub-specialties of Orthopedic surgery. As a former NCAA Track Athlete I was drawn to the sports medicine and shoulder & elbow sub-specialties. Orthopedic Surgery provides me with the privilege of treating a diverse group of patients who are injured, broken or in pain. I get to use advanced techniques to fix broken bones, arthroscopically repair and reconstruct tendons and ligaments, or replace arthritic joints. It is a very challenging and rewarding area of medicine. I am able to guide my patients through the diagnosis, surgical or non-surgical intervention and recovery process to help them back to a functional and fulfilling life.

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## DERMATOLOGY CONT.

### Dr. M. Anne Curtis

Graduated: U of T, 1982  
Dermatology on Bloor

### Dr. Anatoli Freiman

Graduated: McGill, 2002  
Toronto Dermatology  
Centre

### Dr. Martie Gidon

Graduated: McMaster, 1977  
Gidon Aesthetics &  
Medispa - Partner Of  
Dermapure Group

### Dr. Jill Greenspoon

Graduated: Schulich Sch.,  
Western, 2013  
Canadian Dermatology &  
Plastic Surgery Centre

### Dr. Lisa Kellett

Graduated: U of T, 1992  
DLK on Avenue

### Dr. Jonathan Levy

Graduated: U of T, 2012  
Rosedale Dermatology Centre

### Dr. Kucy Pon

Graduated: U of  
Saskatchewan, 1996  
Sunnybrook Health Sciences  
Centre

### Dr. Fara Redlick

Graduated: U of T, 2003  
Compass Dermatology

### Dr. Jennifer Salsberg

Graduated: U of Ottawa, 2007  
Avenue MD

### Dr. Daniel Schachter

Graduated: U of T, 1971  
Glamour MD

### Dr. Nowell Solish

Graduated: U of T, 1990  
Dr. Nowell Solish Cosmetic  
Dermatologist

### Dr. Scott Walsh

Graduated: U of T, 2000  
Sunnybrook Health Sciences  
Centre

### Dr. Petrina Causer

Graduated: U of T, 1995  
York Radiology Consultants

### Dr. Noah Ditkofsky

Graduated: Queen's, 2008  
Michael Garron Hospital

### Dr. Ashley Leckie

Graduated: U of T, 2014  
North York Medical Center

### Dr. Amanda Murphy

Graduated: U of Ottawa, 2010  
North York General Hospital

## EMERGENCY MEDICINE

### Dr. Alun Duncan Ackery

Graduated: U of T, 2008  
St. Michael's Hospital

### Dr. Erin Bearss

Graduated: McMaster, 2002  
Mount Sinai Hospital

### Dr. Maxim Ben-Yakov

Graduated: McGill, 2010  
Humber River Health

### Dr. David Carr

Graduated: U of Ottawa, 2001  
Mackenzie Richmond Hill Hosp.

### Dr. Anthony Duerksen

Graduated: U of Manitoba,  
2008  
Joseph Brant Hospital

### Dr. Sara Gray

Graduated: Schulich Sch., 1999  
Cleveland Clinic Canada

### Dr. Laura Melanie Hans

Graduated: U of T, 1995  
St. Michael's Hospital

### Dr. Samuel Vaillancourt

Graduated: McGill, 2008  
St. Michael's Hospital

### Dr. Omid Vojdani

Graduated: Memorial  
U of Newfoundland, 2005  
Michael Garron Hospital

## ENDOCRINOLOGY DIABETES + METABOLISM

### Dr. Diane Donat

Graduated: McMaster, 1986  
Toronto General Hospital

### Dr. Daniel Drucker

Graduated: U of T, 1980  
Mount Sinai Hospital

### Dr. Jeremy Gilbert

Graduated: U of T, 2002  
Cleveland Clinic Canada Mid-  
town

### Dr. Alyse Goldberg

Graduated: U of T, 2010  
Anova Fertility

### Dr. Ilana Halperin

Graduated: Schulich Sch., 2007  
Sunnybrook Health Sciences  
Centre

### Dr. Eva Kogan

Graduated: U of T, 1978  
Oak Valley Health

### Dr. Olexandra Koshkina

Graduated: U of Dublin, 2013  
Women's College Hospital

### Dr. Bruce A. Perkins

Graduated: U of T, 1995  
Mount Sinai Hospital

### Dr. Oren Steen

Graduated: Schulich Sch.,  
Western, 2009  
LMC Healthcare

### Dr. Shoba Sujana Kumar

Graduated: Schulich Sch.,  
Western, 2003  
Women's College Hospital

### Dr. Alanna Weisman

Graduated: Queen's, 2010  
Mount Sinai Hospital

### Dr. Catherine Hil-Yen Yu

Graduated: U of T, 2002  
St. Michael's Hospital

## FAMILY MEDICINE

### Dr. Jeff Ashley

Graduated: Schulich Sch., 1988  
William Osler Health  
Centre

### Dr. Ajay Chanana

Graduated: King's College Lon-  
don GKT School, 2004  
The S&Y Clinic

### Dr. Stephen Cord

Graduated: U of T, 1992  
Well Health

### Dr. Alison Jane Culbert

Graduated: U of Ottawa, 2000  
Sunnybrook Health Sciences  
Centre

### Dr. Sheana E. Desson

Graduated: National U of  
Ireland, 2006  
Generations Family Health Ctr.

### Dr. Kathleen Doukas

Graduated: McMaster, 2008  
St. Michael's Hospital

### Dr. David Eisen

Graduated: McMaster, 1990  
New Family Medicine  
Network

### Dr. Cara Flamer

Graduated: Queen's, 2006  
Dr. Cara Flamer Bioidentical  
Hormone Therapy

### Dr. Karen Fleming

Graduated: U of T, 1989  
Sunnybrook Health Sciences  
Centre

### Dr. Noah Forman

Graduated: McMaster, 1984  
North York General Hospital

### Dr. Donna Gasparro

Graduated: Ross Uni., 2010  
FEMME

### Dr. Marvin Gelkopf

Graduated: U of T, 1989  
Doctors Office Toronto

### Dr. Steve Kahane

Graduated: U of T, 1993  
Leslie Medical

### Dr. Aarti Kapoor

Graduated: U of Ottawa, 2009  
Magenta Health

### Dr. Carol Kitai

Graduated: U of T, 1984  
Women's College Hospital

### Dr. Kevin Lai

Graduated: U of T, 2005  
Get Well Clinic

### Dr. Amanda Li

Graduated: U of Ottawa, 2010  
Oak Valley Health

### Dr. Gillian Lindzon

Graduated: U of T, 2011  
Camp Manitou



DR. MARJORIE DIXON



DR. HAIDAR MAHMOUD



DR. RUTH RONN



DR. KAREEM MORANT



DR. ERIN BEARSS

## DIAGNOSTIC RADIOLOGY

### Dr. Robert R. Bleakney

Graduated: Queen's Belfast  
Sch. of Medicine, 1993  
Mount Sinai Hospital

# TOP DOCTORS 2025

## FAMILY MEDICINE CONT.

### Dr. Allyson Merbaum

Graduated: U of T, 1999  
Dept. Of Family And Community Medicine - U of T

### Dr. Sidney Nusinowitz

Graduated: U of T, 1978  
Doctors Office Toronto

### Dr. Lew Pliamm

Graduated: U of T, 1992  
Polyclinic Family And Specialty Medicine

### Dr. Kimberly E. Reiter

Graduated: U of Ottawa, 2016  
Generations Family Health Centre

### Dr. Jodine L. Rosenberg

Graduated: McMaster, 2010  
Generations Family Health Centre

### Dr. Orit Segal

Graduated: U of T, 2002  
Davisville Family Practice

### Dr. David M. Silver

Graduated: Schulich Sch., 2006  
Generations Family Health Centre

### Dr. Ivor Teitelbaum

Graduated: U of the Witwatersrand, 1980  
Yorkview Medical Centre

### Dr. Philip Tomlinson

Graduated: U of Southampton, 2005  
Mount Pleasant Clinic

### Dr. Joshua Waks

Graduated: Schulich Sch., Western, 2006  
Futurity Medical Clinic

St. Joseph's Health Centre

### Dr. Magdy Elkhashab

Graduated: Cairo University, 1981  
Toronto Liver Centre

### Dr. Gabor Kandel

Graduated: U of T, 1978  
St. Michael's Hospital

### Dr. Morgan Rosenberg

Graduated: U of T, 2009  
Toronto Endoscopy Clinic

### Dr. Christopher Teshima

Graduated: U of T, 2003  
St. Michael's Hospital

### Dr. Talia Zenlea

Graduated: U of Vermont, 2006  
Women's College Hospital

## GENERAL ORTHOPEDICS

### Dr. Amit Atrey

Graduated: U of London, 2000  
St. Michael's Hospital

### Dr. Terry S. Axelrod

Graduated: U of T, 1981  
Sunnybrook Health Sciences Centre

### Dr. Herman Dhotar

Graduated: Ross University, 2008  
North York General Hospital

### Dr. Shawn Garbedian

Graduated: U of Ottawa, 2005  
North York General Hospital

### Dr. Ian Mayne

Graduated: U of T, 2010  
North York General Hospital

### Dr. Khalid A. Syed

Graduated: U of T, 1999  
Toronto Specialty Rapid Access Clinic

### Dr. David Wasserstein

Graduated: U of T, 2007  
Sunnybrook Health Sciences Centre

## GENERAL SURGERY

### Dr. Najma Ahmed

Graduated: McGill, 1992

St. Michael's Hospital

### Dr. Greg Bodie

Graduated: U of Sydney, Sydney Medical Sch., 2007  
Toronto Minor Surgery Center

### Dr. Ahmed Sami Chadi

Graduated: U of T, 2009  
University Health Network

### Dr. Zane Cohen

Graduated: U of T, 1969  
Mount Sinai Hospital

### Dr. Karen Devon

Graduated: McGill, 2004  
Women's College Hospital

### Dr. Nancy Down

Graduated: U of T, 1980  
North York General Hospital

### Dr. Thomas Gilas

Graduated: U of T, 1978  
Michael Garron Hospital

### Dr. Kerry Graybiel

Graduated: McMaster, 2008  
Humber River Health

### Dr. Barbara Haas

Graduated: McGill, 2006  
Sunnybrook Health Sciences Centre

### Dr. Moska Hamidi

Graduated: Schulich Sch., Western, 2013  
Humber River Health

### Dr. Quoc Huynh

Graduated: U of T, 2001  
Women's Care Clinic Toronto

### Dr. Calvin H.L. Law

Graduated: U of T, 1994  
Sunnybrook Health Sciences Centre

### Dr. Steven Maclellan

Graduated: Schulich Sch., Western, 2006  
Humber River Health

### Dr. Melinda Magissano

Graduated: U of Dublin Trinity College, 2011  
Humber River Health

### Dr. Donna McRitchie

Graduated: U of T, 1985

North York General Hospital

### Dr. Ashlie Nadler

Graduated: U of T, 2010  
Sunnybrook Health Sciences Centre

### Dr. Fahima Osman

Graduated: McMaster, 2004  
North York General Hospital

### Dr. Crystal Pallister

Graduated: McGill, 1997  
Oak Valley Health

### Dr. Jory Simpson

Graduated: UBC, 2006  
St. Michael's Hospital

### Dr. David Jordan Smith

Graduated: U of T, 2016  
Dr. David Smith

### Dr. Jensen Tan

Graduated: U of T, 2004  
Women's Care Clinic Toronto

### Dr. Shahnoor Ullah

Graduated: Schulich Sch., Western, 2013  
Mackenzie Health

### Dr. David Urbach

Graduated: U of T, 1993  
Women's College Hospital

## GERIATRIC MEDICINE

### Dr. Shabbir Alibhai

Graduated: U of T, 1993  
Toronto General Hospital

### Dr. Jillian Alston

Graduated: U of T, 2012  
St. Michael's Hospital

### Dr. Dov Gandell

Graduated: McGill, 2002  
Sunnybrook Health Sciences Centre

### Dr. Barbara Liu

Graduated: U of T, 1987  
Sunnybrook Health Sciences Centre

### Dr. Jarred Rosenberg

Graduated: McMaster, 2009  
Toronto East General Hospital

### Dr. Samir Sinha

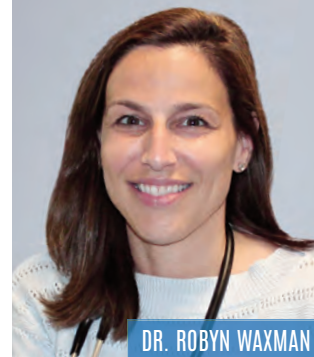
Graduated: Schulich Sch.,



DR. LYNN STERLING



DR. ASIF PIRANI



DR. ROBYN WAXMAN



DR. KEVIN LAI



DR. JACQUELINE STOLLER

## GASTROENTEROLOGY

### Dr. Rupert Abdalian

Graduated: McGill, 2003  
Dr. Rupert Abdalian

### Dr. Ian Bookman

Graduated: U of T, 2000  
St. Joseph's Health Centre

### Dr. Sam Elfassy

Graduated: Schulich Sch., Western, 2007



# TOP DOCTORS 2025

## GERIATRIC MEDICINE CONT.

Western, 2002  
Mount Sinai Hospital

**Dr. Camilla Wong**  
Graduated: U of T, 2003  
St. Michael's Hospital

## GYNECOLOGIC ONCOLOGY

**Dr. Marcus Bernardini**  
Graduated: Schulich Sch.,  
1999  
Princess Margaret Hospital

**Dr. Genevieve Bouchard-Fortier**  
Graduated: McGill, 2008  
Princess Margaret Hospital

**Dr. Sarah Ferguson**  
Graduated: U of Liverpool,  
1997  
Princess Margaret Hospital

**Dr. Liat Hogen**  
Graduated: Sackler School of  
Medicine,  
Tel Aviv, 2005  
Princess Margaret Hospital

**Dr. Stephane Laframboise**  
Graduated: U of T, 1990  
Princess Margaret Hospital

**Dr. Brenna Swift**  
Graduated: U of T, 2015  
Sunnybrook Health Sciences  
Centre

**Dr. Danielle Vicus**  
Graduated: Ben-Gurion  
U of the Negev, 2002  
Sunnybrook Health Sciences  
Centre

## HAND SURGERY

**Dr. Dimitrios Anastakis**  
Graduated: U of T, 1988  
Toronto Western Hospital

**Dr. Heather Baltzer**  
Graduated: U of T, 2009  
Toronto Western Hospital

## HEMATOLOGY

**Dr. Anne McLeod**  
Graduated: U of T, 1992  
Sunnybrook Health Sciences  
Centre

**Dr. Rita Selby**  
Graduated: Nagpur U, 1989  
Sunnybrook Health Sciences  
Centre

**Dr. Nadine Shehata**  
Graduated: Memorial U  
of Newfoundland, 1994  
Mount Sinai Hospital

**Dr. Michelle Sholzberg**  
Graduated: McGill, 2006  
St. Michael's Hospital

**Dr. Martina Trinkaus**  
Graduated: U of T, 2004  
St. Michael's Hospital

## HOSPICE + PALLIATIVE

**Dr. Jonathan Isaac Ailon**  
Graduated: McGill, 2009  
St. Michael's Hospital

**Dr. Haley Elana Draper**  
Graduated: U of T, 2008  
Toronto Western Hospital

**Dr. Daphna Grossman**  
Graduated: U of T, 1992  
North York General Hospital

**Dr. Desmond Leung**  
Graduated: Queen's, 2008  
North York General Hospital

## INFECTIOUS DISEASE

**Dr. Upton Allen**  
Graduated: U of the West  
Indies, 1981  
The Hospital For Sick  
Children

**Dr. Isaac I. Bogoch**  
Graduated: U of T, 2005  
Toronto General Hospital

**Dr. Adrienne K. Chan**  
Graduated: U of T, 2000  
Sunnybrook Health Sciences  
Centre

**Dr. Nick Daneman**  
Graduated: U of T, 2001  
Sunnybrook Health Sciences  
Centre

**Dr. Janine McCready**  
Graduated: U of T, 2007  
Michael Garron Hospital

**Dr. Jeff Powis**  
Graduated: U of Ottawa,  
2000  
Michael Garron Hospital

**Dr. Linda Taggart**  
Graduated: U of T, 2007  
St. Michael's Hospital

**Dr. Darrell Tan**  
Graduated: U of T, 2002  
St. Michael's Hospital

## INTERNAL MEDICINE

**Dr. Ed Etchells**  
Graduated: U of T, 1987  
Sunnybrook Health Sciences  
Centre

**Dr. Steven Shadowitz**  
Graduated: McGill, 1989  
Sunnybrook Health Sciences  
Centre

**Dr. Natalie Wong**  
Graduated: U of T, 1998  
St. Michael's Hospital

## INTERVENTIONAL CARDIOLOGY

**Dr. Andrew Ha**  
Graduated: U of Ottawa,  
2002  
Toronto General Hospital

**Dr. Sam Radhakrishnan**  
Graduated: U of T, 1993  
Vaughan Heart Institute

## MATERNAL + FETAL MEDICINE

**Dr. Howard Berger**  
Graduated: Ben-Gurion U of  
the Negev, 1994  
St. Michael's Hospital

**Dr. Anne Berndt**  
Graduated: McMaster, 2005  
Sunnybrook Health Sciences  
Centre

**Dr. Nirmala  
Chandrasekaran**  
Graduated: Tamil Nadu Dr.  
M.G.R. Medical University,  
2001  
St. Michael's Hospital

**Dr. Johannes Keunen**  
Graduated: Maastricht U, 1993  
Mount Sinai Hospital

**Dr. John Kingdom**  
Graduated: U of Dublin, 1984  
Mount Sinai Hospital

**Dr. Nir Melamed**  
Graduated: The Hebrew  
University-Hadassah Medical  
Sch., 2004  
Sunnybrook Health Sciences  
Centre

**Dr. Greg Ryan**  
Graduated: National U of  
Ireland, 1979  
Mount Sinai Hospital

## NEPHROLOGY

**Dr. David Cherney**  
Graduated: McGill, 1999  
Toronto General Hospital

**Dr. Jeffrey Goldstein**  
Graduated: Schulich Sch.,  
2004  
Oak Valley Health

**Dr. Michelle  
Hladunewich**  
Graduated: U of Alberta, 1994  
Sunnybrook Health Sciences  
Centre

## NEUROSURGERY

**Dr. Nir Lipsman**  
Graduated: Queen's, 2007  
Sunnybrook Health Sciences  
Centre

## OBSTETRICS + GYNECOLOGY

**Dr. Rebecca Cherniak**  
Graduated: McGill, 2015  
North York General Hospital

**Dr. Meredith Giffin**  
Graduated: U of Ottawa, 2009  
Anova Fertility

**Dr. Michelle Jacobson**  
Graduated: Schulich Sch.,  
Western, 2009  
Women's College Hospital



DR. PREMA VAIDYANATHAN



DR. SHAHNOOR ULLAH



DR. TARA LYNN TESHIMA



DR. MOHAMMAD ZIA



DR. NANCY DOWN

# TOP DOCTORS 2025

## OBSTETRICS + GYNECOLOGY CONT.

### Dr. Sari Kives

Graduated: U of T, 1995  
The Hospital For Sick Children

### Dr. Jamie Kroft

Graduated: U of T, 2005  
Sunnybrook Health Sciences Centre

### Dr. Rose C. Kung

Graduated: U of T, 1986  
Sunnybrook Health Sciences Centre

### Dr. Matthew Laskin

Graduated: Queen's, 2006  
Southlake Health

### Dr. Haidar Mahmoud

Graduated: U of Al-Mustansiriyah, 1983  
Anova Fertility

### Dr. Karli Mayo

Graduated: Dalhousie University, 2010  
Humber River Health

### Dr. Carmen McCaffrey

Graduated: U of Calgary, 2012  
St. Michael's Hospital

### Dr. Colleen McDermott

Graduated: U of T, 2002  
Mount Sinai Hospital

### Dr. Dan Nayot

Graduated: Schulich Sch., Western University, 2007  
The Fertility Partners

### Dr. Alysha Nensi

Graduated: Schulich Sch., Western, 2013  
St. Michael's Hospital

### Dr. Alexandra Nevin-Lam

Graduated: U of T, 2002  
North York General Hospital

### Dr. Leslie Po

Graduated: Queen's, 2009  
Sunnybrook Health Sciences Centre

### Dr. Mara Sobel

Graduated: U of Ottawa, 2007  
U of T Dept. Of Obstetrics And Gynaecology

### Dr. Lynn Sterling

Graduated: U of T, 2012  
Humber River Health

### Dr. Modupe Tunde-Byass

Graduated: U of Ibadan, 1987  
Fairview Health Centre

### Dr. Prema Vaidyanathan

Graduated: U of Calcutta, 1985  
Anova Fertility

### Dr. Mark Yudin

Graduated: U of T, 1995  
St. Michael's Hospital

## ONCOLOGY

### Dr. Eitan Amir

Graduated: Manchester Medical School, 2003  
Princess Margaret Hospital

### Dr. Yoo-Joung Ko

Graduated: U of T, 1993  
Sunnybrook Health Sciences Centre

### Dr. Michael Raphael

Graduated: Queen's, 2012  
Sunnybrook Health Sciences Centre

### Dr. Mateya Trinkaus

Graduated: U of T, 2004  
Oak Valley Health

## OPHTHALMOLOGY

### Dr. Robert Adam

Graduated: U of T, 2005  
Toronto Eye Specialists And Surgeons

### Dr. Nupura Bakshi

Graduated: U of T, 2004  
Vista Eye Centre

### Dr. Alan Richard Berger

Graduated: McGill, 1983  
St. Michael's Hospital

### Dr. Robert Devenyi

Graduated: U of T, 1983  
Toronto Western Hospital

### Dr. Fatimah Gilani

Graduated: Royal College of Surgeons in Ireland, 2011  
Bochner Eye Institute

### Dr. Alexander Kaplan

Graduated: McMaster, 2012  
Toronto Western Hospital

### Dr. Efrem Dov Mandelcorn

Graduated: U of T, 2003  
Uptown Eye Specialists

### Dr. Shaun Singer

Graduated: U of T, 1980  
Toronto Western Hospital

### Dr. Allan Slomovic

Graduated: Memorial U of Newfoundland, 1979  
Toronto Western Hospital

### Dr. Raymond Mark Stein

Graduated: U of T, 1982  
Bochner Eye Institute

### Dr. Nancy Tucker

Graduated: Schulich Sch., Western University, 1987  
Bochner Eye Institute

### Dr. Lawrence Weisbrod

Graduated: U of T, 1993  
Michael Garron Hospital

## ORAL + MAXILLOFACIAL SURGERY

### Dr. Oakley Smith

Graduated: U of T, 1982  
Michael Garron Hospital

## ORTHOPEDIC SURGERY

### Dr. Sagar Desai

Graduated: U of T, 2008  
Humber River Health

### Dr. Paul Marks

Graduated: U of T, 1986  
Sunnybrook Health Sciences Centre

### Dr. Hossein Mehdiian

Graduated: Tehran U, 1992  
Mehdianspine Com

## OTOLARYNGOLOGY EAR NOSE + THROAT

### Dr. Joseph Chen

Graduated: McGill, 1985  
Sunnybrook Health Sciences Centre

### Dr. John De Almeida

Graduated: U of T, 2005  
Princess Margaret Hospital

### Dr. Danny J. Enepekides

Graduated: McGill, 1994  
Sunnybrook Health Sciences Centre

### Dr. Antoine Eskander

Graduated: U of T, 2010  
Sunnybrook Health Sciences Ctr. & Michael Garron Hosp.

### Dr. David Goldstein

Graduated: U of T, 1998  
Princess Margaret Hospital

### Dr. Everton Gooden

Graduated: U of T, 1996  
North York General Hospital

### Dr. Brad Hubbard

Graduated: McMaster, 2008  
Michael Garron Hospital

### Dr. Jonathan Irish

Graduated: U of T, 1984  
Princess Margaret Hospital

### Dr. Thileeban Kandasamy

Graduated: Schulich Sch., Western, 2008  
North York General Hospital

### Dr. Mark Korman

Graduated: U of T, 1998  
William Osler Health System

### Dr. Evan Propst

Graduated: U of T, 2002  
Hospital For Sick Children

### Dr. Tulika Shinghal

Graduated: Université de Montréal, 2009  
Toronto Head and Neck Clinic

### Dr. Jeffrey Werger

Graduated: U of T, 1991  
Oak Valley Health Markham Stouffville

## PAIN MANAGEMENT

### Dr. Israel Don Weiss

Graduated: McGill, 2003  
Humber River Health

### Dr. Andrea Furlan

Graduated: U of Sao Paulo, 1992  
Toronto General Hospital



DR. HARMONY HO



DR. KUNAAJ JINDAL



DR. MARTINA TRINKAUS



DR. STEVEN HANNA



DR. FARA REDLICK

## PAIN MANAGEMENT CONT.

**Dr. John Hanlon**  
Graduated: U of T, 2005  
St. Michael's Hospital

**Dr. Aaron Hong**  
Graduated: U of T, 1996  
Canadian Neuromodulation  
Pain Management Centre

**Dr. Howard Meng**  
Graduated: U of T, 2014  
Sunnybrook Health Sciences  
Centre

**Dr. David Mula**  
Graduated: Schulich Sch.,  
2004  
Toronto Poly Clinic

**Dr. Zameer Pirani**  
Graduated: U of Ireland, 2011  
Afiya Spine & Pain Clinic

**Dr. David Sussman**  
Graduated: U of T, 2011  
St. Michael's Hospital

## PEDIATRICS GENERAL

**Dr. Nessa Bayer**  
Graduated: U of T, 1999  
Midtown Pediatrics

**Dr. Sheila Jacobson**  
Graduated: U of the Witwater-  
srand, 1983  
Clairhurst Pediatrics

**Dr. Ronik Kanani**  
Graduated: U of Calgary, 2001  
North York General Hospital

**Dr. Sanjay Mehta**  
Graduated: U of Calgary, 1997  
Kindercare Pediatrics

**Dr. Michael Peer**  
Graduated: Schulich Sch.,  
Western, 1990  
Clairhurst Pediatrics

**Dr. Evelyn Rosenblyum**  
Graduated: McMaster, 2009  
The Hospital For Sick  
Children

**Dr. Carolyn Taylor**  
Graduated: U of T, 1999  
Clairhurst Pediatrics

**Dr. Kim Zhou**  
Graduated: McMaster, 2011

The Hospital For Sick  
Children

## PEDIATRIC CARDIOLOGY

**Dr. Roland Beaulieu**  
Graduated: U of Alberta, 1978  
North York General Hospital

## PEDIATRIC DERMATOLOGY

**Dr. Elena Pope**  
Graduated: Institute Medi-  
cine, Pharmacy, Bucharest,  
1990  
The Hospital For Sick  
Children

**Dr. Miriam Weinstein**  
Graduated: Queen's, 1996  
The Hospital For Sick  
Children

## PEDIATRIC GASTROENTEROLOGY

**Dr. Susan Kovacs**  
Graduated: McGill, 1989  
North York General Hospital

## PEDIATRIC OTOLARYNGOLOGY

**Dr. Sharon Cushing**  
Graduated: U of T, 2003  
The Hospital For Sick  
Children

**Dr. Nikolaus Wolter**  
Graduated: U of T, 2009  
The Hospital For Sick  
Children

## PEDIATRIC SURGERY

**Dr. Georges Azzie**  
Graduated: U of T, 1986  
Dept. Of Surgery - U Of T

**Dr. Priscilla Chiu**  
Graduated: Queen's, 1991  
The Hospital For Sick  
Children

## PHYSICAL MEDICINE + REHABILITATION

**Dr. Farooq Ismail**  
Graduated: Schulich Sch.,  
1999

West Park Healthcare Centre

## PLASTIC + RECONSTRUCTIVE SURGERY

**Dr. Robert Backstein**  
Graduated: U of T, 1994  
The Centre For Minor  
Surgery

**Dr. Trevor M. Born**  
Graduated: McMaster, 1990  
TMB Cosmetic Surgery

**Dr. Mitchell Howard Brown**  
Graduated: Schulich Sch.,  
Western, 1988  
Toronto Plastic Surgery

**Dr. Linda Dvali**  
Graduated: Schulich Sch.,  
1996  
Michael Garron Hospital

**Dr. Derek Ford**  
Graduated: Schulich Sch.,  
Western, 1998  
Ford Plastic Surgery

**Dr. Alexander Golger**  
Graduated: McMaster, 2003  
Humber River Health

**Dr. Catherine Haywood**  
Graduated: McGill, 1995  
Toronto Cosmetic Surgery  
Institute

**Dr. Waqqas Jalil**  
Graduated: U of Saskatche-  
wan, 2011  
Form Face + Body

**Dr. Kunaal Jindal**  
Graduated: U of Manitoba,  
2008  
Studio Plastic Surgery

**Dr. Mary-Helen Mahoney**  
Graduated: Schulich Sch.,  
Western, 2006  
Dr. Mahoney Plastic Surgery

**Dr. Ron Somogyi**  
Graduated: U of T, 2008  
Form Face + Body

**Dr. Laura Tate**  
Graduated: U of T, 1983  
Unify Health

**Dr. Tara Lynn Teshima**  
Graduated: U of Alberta, 2008

Teshima Plastic Surgery

**Dr. Roberto Tutino**  
Graduated: McMaster, 2008  
The Minor Surgery Center

**Dr. Michael Weinberg**  
Graduated: U of T, 1990  
The Mississauga Cosmetic  
Surgery & Laser Clinic

**Dr. Ronald Zuker**  
Graduated: U of T, 1969  
The Hospital For Sick  
Children

## PSYCHIATRY

**Dr. Crystal Baluyut**  
Graduated: U of T, 2002  
CAMH

**Dr. Robert Jaunkalns**  
Graduated: U of T, 1981  
Sunnybrook Health Sciences  
Centre

**Dr. Herbert Mark Lachmann**  
Graduated: UBC, 1996  
Mount Sinai Hospital

**Dr. Anthony Levitt**  
Graduated: U of Western Aus-  
tralia, 1983  
Sunnybrook Health Sciences  
Centre

**Dr. Robert McMaster**  
Graduated: Schulich Sch.,  
Western, 2007  
CAMH

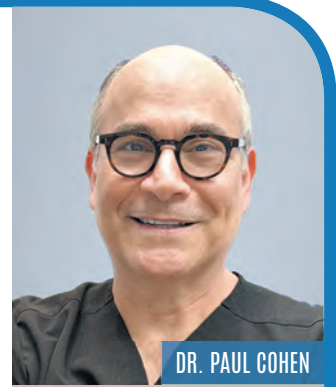
**Dr. Jay Moss**  
Graduated: U of T, 1982  
Sunnybrook Health Sciences  
Centre

**Dr. Hilary Offman**  
Graduated: U of T, 1992  
Department Of Psychiatry -  
U of T

**Dr. Robyn Waxman**  
Graduated: U of Ottawa, 2005  
Ontario Shores Centre For  
Mental Health Sciences

## PULMONOLOGY

**Dr. Allen Greenwald**  
Graduated: Queen's, 2011  
Oak Valley Health



DR. PAUL COHEN



DR. CARA FLAMER



DR. GURU KANDASAMY



DR. ALYSE GOLDBERG



DR. IAN MAYNE

**Dr. David Andrew Hall**  
 Graduated: U of T, 2000  
 St. Michael's Hospital

**Dr. Marcus Kargel**  
 Graduated: U of T, 1999  
 Michael Garron Hospital

**Dr. Shane Shapera**  
 Graduated: U of T, 2003  
 Princess Margaret Hospital

**Dr. Andrei Vagaon**  
 Graduated: Queen's, 2013  
 Michael Garron Hospital

Princess Margaret Hospital

**RADIOLOGY**

**Dr. Ben Fine**  
 Graduated: U of T, 2010  
 Trillium Health Partners-  
 Mississauga Hospital

**Dr. Kalesha Hack**  
 Graduated: Schulich Sch.,  
 Western, 2004  
 Sunnybrook Health Sciences  
 Centre

**Dr. Jeff Jaskolka**  
 Graduated: Schulich Sch.,  
 Western, 2001  
 WOHS Brampton Civic  
 Hospital

**Dr. Ryan Margau**  
 Graduated: U of T, 2001  
 North York General Hospital

**Dr. Linda Probyn**  
 Graduated: Schulich Sch.,  
 Western, 1999  
 Sunnybrook Health Sciences  
 Centre

**RADIATION ONCOLOGY**

**Dr. Rachel Glicksman**  
 Graduated: Queen's, 2015  
 Dept. of Radiation Oncology -  
 U of T

**Dr. Arjun Sahgal**  
 Graduated: U of Ottawa, 2001  
 Sunnybrook Health Sciences  
 Centre

**Dr. Padraig Warde**  
 University of Dublin, 1977

**Dr. Eugene Yu**  
 Graduated: U of T, 1996  
 Princess Margaret Hospital

**REPRODUCTIVE  
 ENDOCRINOLOGY + INFERTILITY**

**Dr. Kaajal Abrol**  
 Graduated: McMaster, 2005  
 TRIO Fertility

**Dr. Vanessa Bacal**  
 Graduated: McGill, 2013  
 Mount Sinai Fertility

**Dr. Ari Y. Baratz**  
 Graduated: Schulich Sch., 2001  
 Create Fertility Centre

**Dr. Ken Cadesky**  
 Graduated: U of T, 1978  
 TRIO Fertility

**Dr. Robert Casper**  
 Graduated: U of California San  
 Diego, 1973  
 TRIO Fertility

**Dr. Marjorie Dixon**  
 Graduated: McGill, 1997

Anova Fertility

**Dr. Kimberley Garbedian**  
 Graduated: U of Calgary, 2005  
 Pollin Fertility

**Dr. Ellen Greenblatt**  
 Graduated: McGill, 1982  
 Mount Sinai Fertility

**Dr. Harmony Ho**  
 Graduated: U of Calgary, 2005  
 Anova Fertility

**Dr. Claire Jones**  
 Graduated: Schulich Sch.,  
 2007  
 Mount Sinai Hospital

**Dr. Kimberly Liu**  
 Graduated: Schulich Sch.,  
 2001  
 Mount Sinai Fertility

**Dr. Jennia Michaeli**  
 Graduated: Hadassah  
 Medical Sch., 2014  
 Mount Sinai Fertility

**Dr. Nigel Pereira**  
 Graduated: Weill Cornell

Medical College in Qatar, 2010  
 Mount Sinai Hospital

**Dr. Ruth Ronn**  
 Graduated: McGill, 2009  
 Twig Fertility

**Dr. Miguel Angel Russo**  
 Graduated: McMaster, 2012  
 Mount Sinai Hospital

**Dr. Heather Shapiro**  
 Graduated: McMaster, 1983  
 Mount Sinai Hospital

**Dr. Prati Sharma**  
 Graduated: U of Med &  
 Dentistry of New Jersey, 2001  
 Create Fertility Centre

**RHEUMATOLOGY**

**Dr. Lori Albert**  
 Graduated: U of T, 1988  
 University Health Network

**Dr. Nathan Dostrovsky**  
 Graduated: Schulich Sch.,  
 Western, 2007  
 ON Rheumatology Assc.



**DR. CARA FLAMER**  
 BIOIDENTICAL HORMONE THERAPY

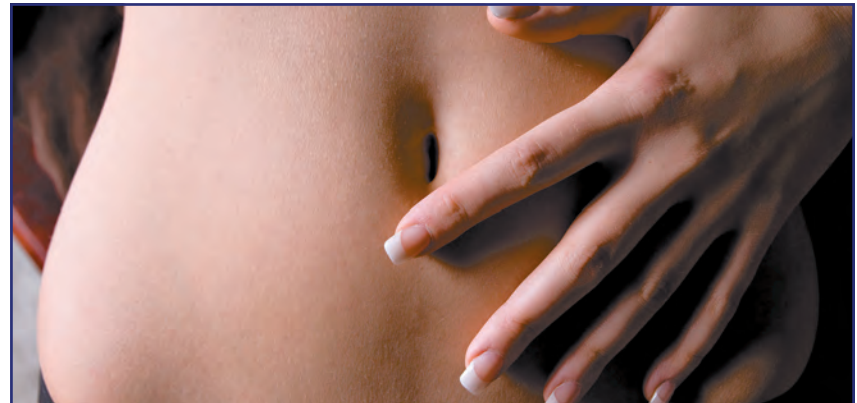
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 mississaugacosmeticsurgeryclinic.com

# TOP DOCTORS 2025

## RHEUMATOLOGY CONT.

**Dr. Dafna D. Gladman**  
Graduated: U of T, 1971  
Kremlil Research Institute

**Dr. Bindee Kuriya**  
Graduated: U of T, 2003  
Mount Sinai Hospital

## SLEEP MEDICINE

**Dr. Reshma Amin**  
Graduated: U of T, 2002  
The Hospital For Sick Children

**Dr. Douglas Bain**  
Graduated: Schulich Sch., 1988  
Michael Garron Hospital

**Dr. Roain Bayat**  
Graduated: Université de Montréal, 2009  
York Region Sleep Disorders Centre

**Dr. David Klein**  
Graduated: U of T, 1999  
St. Michael's Hospital

**Dr. Anu Tandon**  
Graduated: U of T, 2001  
Sunnybrook Health Sciences Centre

## SPINE SURGERY

**Dr. Stephen Joel Lewis**  
Graduated: McGill, 1990  
Toronto Western Hospital

**Dr. Farhad Pirouzmand**  
Graduated: Tehran U, 1990  
Sunnybrook Health Sciences Centre

**Dr. Yoga Rampersaud**

Graduated: Schulich Sch., Western, 1992  
Toronto Western Hospital

**Dr. Albert Yee**  
Graduated: U of T, 1992  
Sunnybrook Health Sciences Centre

## SPORTS MEDICINE

**Dr. Jeff Bacher**  
Graduated: McMaster, 2011  
The Institute of Human Mechanics

**Dr. Michael Clarfield**  
Graduated: U of T, 1980  
Cleveland Clinic Canada Downtown

**Dr. Guru Kandasamy**  
Graduated: American U of Integrative Sciences, 2017  
The Institute Of Human Mechanics

**Dr. David Lawrence**  
Graduated: U of T, 2013  
Mount Sinai Hospital

**Dr. Timothy Rindlisbacher**  
Graduated: U of T, 1992  
The Clinic Health Group

**Dr. Ira Alexander Smith**  
Graduated: U of T, 1998  
Cleveland Clinic Canada

**Dr. Jacqueline Stoller**  
Graduated: McMaster, 2010  
Athlete's Care Sports Medicine Centres

## SURGICAL ONCOLOGY

**Dr. Tyler Ryan Chesney**

Graduated: McMaster, 2013  
Unity Health Toronto-St Michael's Hospital

**Dr. Tulin Cil**  
Graduated: Schulich Sch., Western, 2000  
Princess Margaret Hospital

**Dr. Usmaan Hameed**  
Graduated: UBC, 2008  
North York General Hospital

**Dr. Paul Karanicolas**  
Graduated: Schulich Sch., Western, 2003  
Sunnybrook Health Sciences Centre

**Dr. Ian McGilvray**  
Graduated: McGill, 1993  
UHN Princess Margaret Cancer Centre

**Dr. Adena Sarah Scheer**  
Graduated: U of T, 2006  
St. Michael's Hospital

**Dr. Peter Stotland**  
Graduated: U of T, 2002  
North York General Hospital

**Dr. Frances Wright**  
Graduated: U of T, 1996  
Sunnybrook Health Sciences Centre

## UROLOGY

**Dr. Dean S. Elterman**  
Graduated: U of T, 2006  
University Urology Associates

**Dr. Andrew Feifer**  
Graduated: McGill, 2004  
Feifer Urology

**Dr. Tony Finelli**

Graduated: U of T, 1996  
Toronto General Hospital

**Dr. Ryan Jeffrey Groll**  
Graduated: U of T, 2002  
Michael Garron Hospital

**Dr. Robert J. Hamilton**  
Graduated: U of T, 1978  
Toronto General Hospital

**Dr. Jason Y. Lee**  
Graduated: U of T, 2004  
Toronto General Hospital

**Dr. Sidney Radomski**  
Graduated: U of T, 1984  
Toronto Western Hospital

**Dr. Rajiv Singal**  
Graduated: U of T, 1990  
Michael Garron Hospital

## VASCULAR SURGERY

**Dr. Andrew Dueck**  
Graduated: Queen's, 1999  
Sunnybrook Health Sciences Centre

**Dr. Thomas Lindsay**  
Graduated: McGill, 1983  
Toronto General Hospital

**Dr. Giuseppe Papia**  
Graduated: U of Ottawa, 1999  
Sunnybrook Health Sciences Centre

**Dr. Graham Roche-Nagle**  
Graduated: Royal College of Surgeons in Ireland, 1998  
Toronto General Hospital

**Dr. Mark Wheatcroft**  
Graduated: U of Edinburgh, 1999  
St. Michael's Hospital



DR. CLAIRE JONES



DR. MICHAEL KREIDSTEIN



DR. MEREDITH GIFFIN



DR. ANATOLI FREIMAN

**TOP DOCTORS: METHODOLOGY** - To create the list, Post City contracted DataJoe Research to facilitate an online peer-voting process and Internet research process. DataJoe Research is a software and research company specializing in data collection and verification, and conducts various nominations across North America on behalf of publishers.

To create the list, we paired DataJoe Research's online peer-voting process with an Internet research process to identify success characteristics. DataJoe checked and confirmed that each published winner had, at time of review, a current, active licence status with the appropriate provincial regulatory board. If we were not able to find evidence of a doctor's current, active registration, that doctor was excluded from the list. In addition, we checked available public sources to identify doctors disciplined for an infraction by the province. These entities were excluded from the list.

Finally, DataJoe presented the tallied result to the magazine for its final

review and adjustments. We recognize that there are many good doctors who are not shown in this representative list. This is only a sampling of the huge array of talented professionals within the region. Inclusion in the list is based on the opinions of responding doctors in the region. We take time and energy to ensure fair voting, although we understand that the results of this survey nomination and Internet research campaign are not an objective metric. We certainly do not discount the fact that many good and effective doctors may not appear on the list.

**Disclaimers:** DataJoe uses best practices and exercises great care in assembling content for this list. DataJoe does not warrant that the data contained within the list are complete or accurate. DataJoe does not assume, and hereby disclaims, any liability to any person for any loss or damage caused by errors or omissions herein whether such errors or omissions result from negligence, accident, or any other cause. All rights reserved. No commercial use of the information in this list may be made without written permission from DataJoe.

Although this issue is dedicated to the city's top doctors, we realize that nurses are the backbone of the Canadian medical system. In recognition of Toronto's incredibly dedicated nurses we have made a donation to the following charities.

**Canadian Nurses Foundation**  
[www.cnf-fiic.ca](http://www.cnf-fiic.ca)

**VON (Victorian Order of Nurses)** [www.von.ca/en](http://www.von.ca/en)

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Jennifer Maclean  
Beautifying area  
gardens for over  
10 years

John Bell  
Adding colour to people's  
homes for over 26 years

Colin Grant  
General contractor with  
over 35 years under his belt

Joanne Sallay  
Helping people learn  
for 30 years



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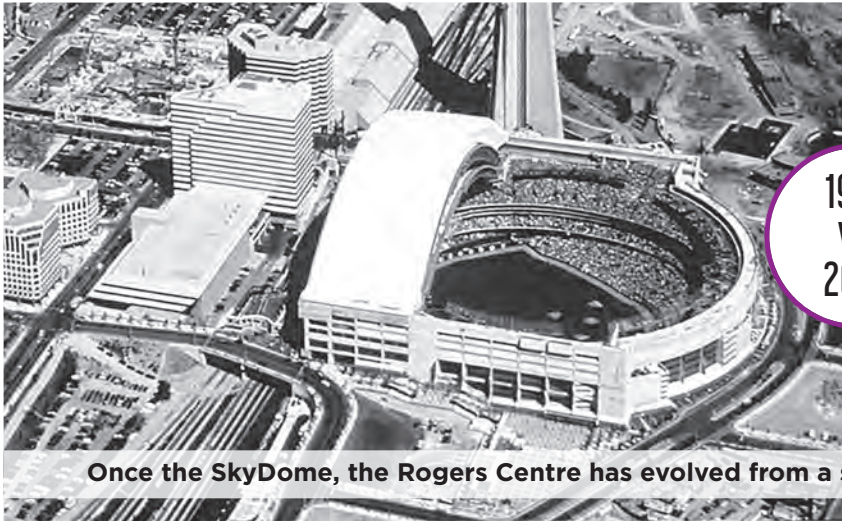
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VS.  
2025



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1990  
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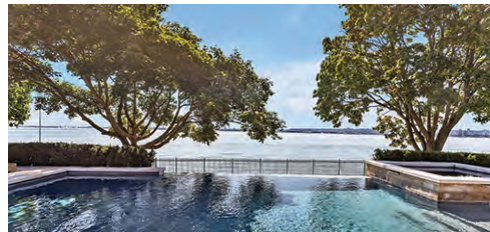
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